

Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – April 2018

And just like that... April is here!! What an incredibly busy start to 2018 it has been. Much time and effort has been dedicated to the CADDY project, and all the components are now coming together well. Planning also continues for Flourishing on the Fleurieu Festival scheduled for later in the year.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2018 Taskforce Membership

Current Taskforce members' contact details were distributed via the Taskforce network on 14 March. If you need to change your details or no longer wish to be part of the Taskforce, please advise via email mfuller@victor.sa.gov.au If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – The 2018 Festival Planning Team met on 12 February to progress planning for this year's Festival. The Festival is tentatively scheduled to coincide with Active Ageing Week 23-29 September 2018, with a theme focussed on connecting people with local communities and trying to reach those more isolated within communities. It is anticipated that a small community grants scheme will be set up and local community groups will have an opportunity to apply for some funding to host an activity that meets the Festival aims. The Taskforce will compile a program of activities scheduled across the region to promote the Festival week.

Dementia Friendly Communities

2. **Dementia Friendly Communities project:** local dementia-friendly communities initiatives continue to be a key priority this year.
 - a. *Dementia Alliance:* To date, we have not received much interest from community members, so we may need to review this initiative and explore alternative means of involving people with lived experience of dementia in future dementia-friendly initiatives.
 - b. *Online 'Trello' resource:* Please forward any information about local dementia-specific services or upcoming dementia information sessions/workshops so we can add to these to the electronic noticeboards. Please note, flyers and posters can also be uploaded. Information about local dementia services and support available in Southern Fleurieu region can be accessed via www.victor.sa.gov.au/flourishing
 - c. *The CADDY initiative:* Empowering people living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected with the community. This trial project is supported by funding from Office for the Ageing via the Age Friendly SA grants. Much time and effort has been contributed to engaging project partners and getting this collaborative initiative underway. Program staff from the Caring Neighbourhood Program and the Community Connect Program participated in two workshops with Lindsay Tighe from Better Questions on 27 and 28 February. Volunteers and clients are currently being recruited to participate in this innovative project, and negotiations are in progress with Dementia Australia in relation to specific memory loss support training. Jeffrey

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Fuller, Emeritus Professor with Flinders University, and Liz Cleland, Mental Health Clinician, will coordinate the evaluation of the project. People living with memory loss who are interested in participating in this project are encouraged to contact My Aged Care to request referral, or contact Caring Neighbourhood Program (Victor Harbor) or Community Connect Program (Alexandrina) for registration details. Community members interested in volunteering for the caddy role can also find out more information by contacting either program. For general enquiries about the CADDY project please contact mfuller@victor.sa.gov.au or phone 8551 0571.

Workforce Development & Training

3. **Keeping Connected Workshop:** This workshop based on the findings from 'Alone in a Crowd' research by South Australian Mandy Stanley explored the five dimensions of loneliness and the impacts on older people. Dana L from Better Practice Project facilitated this 3-hour training workshop in Victor Harbor on 13 March. Fifteen people from a range of organisations participated in the workshop and feedback was very positive with 70% rating the level to which they gained new learnings/insights as "a lot – a great deal", and 85% rating their overall level of satisfaction as "very good – excellent".
4. **Better Practice Training Workshops:** For further training and professional development opportunities please visit:
<https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project>
Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.

Kangaroo Island

5. Update to be provided at our network meeting.

Ageing and Aged Care Communication from/to Department of Health

6. **Information about ageing and aged care** is available via:
 - Department of Health website: <https://agedcare.health.gov.au/>
 - Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
 - Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
 - Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
 - Publications: <https://agedcare.health.gov.au/publications-and-articles>
 - Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
 - Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
 - Aus Tender: <https://www.tenders.gov.au/>
 - Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>
7. **Aged Care Roadmap:** future reform directions for aged care
https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf

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8. **CHSP update for service providers:** Department of Health released the following information on 26/03/2018
- **CHSP funding extension update:** it is expected the new agreements will be offered to existing CHSP service providers from April 2018. New funding agreements will include conditions for providers to focus on delivering services using a wellness and reablement approach to support and promote client independence. Funding levels will remain the same as providers' existing agreements. Agreements will be based on the new whole-of-government grant agreement template.
 - **Data Exchange update:** in future reporting periods the Data Exchange will not be re-opened after the close date. CHSP organisations are encouraged to upload data early and frequently to ensure it is complete and accurate before the end of the period.
 - **Support Plan reviews:** CHSP service providers have an ongoing responsibility to monitor and review the services provided to clients under the client's care plan to ensure their needs are being met. If a recommended review date is not specified in the client's MAC support plan, it is expected a review of services will be undertaken at least every 12 months. There is no standard form for CHSP providers to use, it is up to service providers to manage the support plan review and what information is included. The support plan review can be done by telephone or face-to-face. The result of the review needs to be recorded on the MAC client record. A request for a RAS review can be made through the provider portal, or the service provider or the client can ring MAC to request a review. Further information can be found in the [Information for Aged Care Providers Newsletter](#) (click on link)

For additional information about the CHSP updates for service providers, visit <https://us10.campaign-archive.com/?u=1108de8332cef333bc1956686&id=7343e2f08f>

OTHER

9. **My Aged Care Support Program:** COTA SA is facilitating this program, funded by Country SA PHN, which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone initially, with the option of a local Peer Champion meeting face to face if required. Our local Peer Champions are: Anne Hamilton 0456 388 610 and Marilyn Henderson 0456 390 059. Pop up stalls are also hosted at the Victor Harbor Library on Mondays 10.00am – 12.30pm, and Victor Medical Centre on Wednesdays 10.00am – 12.30pm. The support offered is free, local and neutral. For further information, please contact COTA SA Country free call 1800 182 324 or Helen Morley (Project Officer) hmorley@cotasa.org.au
10. **World Elder Abuse Awareness Day:** June 15 is the annual day to raise awareness of elder abuse throughout the world. Organisations and groups are encouraged to get involved in raising awareness and be part of the campaign. ARAS has compiled some Community Activity Starter Kits with some ideas, resources and information on other supports that you can use in your activity, visit www.sa.agedrights.asn.au. Paper copies of the kits will be available at the Taskforce network meeting on 10 April or contact Michelle mfuller@victor.sa.gov.au / 8551 0571.

This year's **ARAS World Elder Abuse Awareness Conference** will be held on 15 June at Stamford Grand Hotel Glenelg 8.00am – 4.00pm. Click on this link for further details <https://www.sa.agedrights.asn.au/events/view/weaad-2017-conference-2017-05-01>