

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

Minutes of the Southern Fleurieu Positive Ageing Taskforce meeting
Held in the Council Chambers, City of Victor Harbor on
13 June 2017 12-2pm

The meeting commenced at 12.00 pm

1 PRESENT

Chelsea Hastings	ECH - OT
Elizabeth Kennedy	Country SA Primary Health Network
Estelle Woods	Country Health SA – BHFR South Coast
Gary Crook	Yankalilla Council – Transport Coordinator
Helen Deguet	Caring Neighbourhood Program
Jenna Argent	ECH - Hub Manager
Joan Martin	Resthaven – Community Care
Jo Daniels (minutes)	CNP - Program Support
Johanna Milbank (chair)	Regional Development Australia, Hills Fleurieu & KI
Kathryn Quintel	Alzheimer's Australia SA
Kerry Mart	ACH Group
Liz Cleland	Country Health Connect – Railway Cottage
Melissa Gawne	Regional Assessment Service – Aged Care Alternatives
Michele Pearce	YNA – RN
Michelle Fuller	Project Officer, Positive Ageing Taskforce
Michelle Dugmore	Calvary Community Care
Sue Maxwell	Country Health Connect – Community Care
Terry Mangelsdorf	Carers SA - CRCC
Linked in via phone from KI:	
Marjo Smith	Kangaroo Island Health Service
Guest Speaker:	
Melanie Smith	Active Ageing Australia - CE

2 APOLOGIES

Beth Moore	Alexandrina Council
Brett Mayne	Department of State Development
Carolyn Pratt	Southern Fleurieu Health Service
Corrie Burnside	Home Instead Senior Care
Elizabeth Veitch	Carers SA - KI
Esther Fluri	Southern Cross Community Care
Gwyn Elson	ACH Group
Jan Atkinson	Home Instead Senior Care
Janice Moon	Barossa Hills Fleurieu Rural Region - CHSA
Joyanne Mirra	ACH Group
Lynda McCarty	Royal Society for the Blind (RSB)
Lynn Openshaw	Resthaven
Mark Oliphant	City of Victor Harbor
Sophie Green	Carers SA – CSW Southern Fleurieu
Sue Weise	St Louis Home Care
Sue Tucker	Carers SA – SF & KI Team Leader
Tim Hutchinson	TAFE SA – Regional Manager

3 Acknowledgement of Country – Johanna Milbank

Johanna Milbank opened the meeting, welcomed everyone and thanked members for their attendance.

4 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented.
Welcome to Melanie Smith Chief Executive of Active Ageing Australia who will be presenting today.

5 MINUTES OF PREVIOUS MEETING – 11 April 2017

Minutes of the previous meeting held on 11 April were confirmed as true and correct.

Michele Pearce confirmed and Melissa Gawne seconded that the minutes of the last meeting were true and correct.

6 GUEST PRESENTATION – Melanie Smith presented and facilitated discussion about *Active Ageing Australia*. Please see attached presentation notes provided by Melanie.

Melanie also promoted the upcoming 'Focus on Falls' sessions which will be held in Victor Harbor on 27 June 2017, further details at 9.2. The new Falls Prevention in SA website can be accessed here: <http://fallssa.com.au/>

Further information is available by visiting the Active Ageing Australia website via this link: <http://activeageing.org.au/> Active Ageing Australia is also part of the International Council on Active Aging <https://icaa.cc/>

Active Ageing Week is the last week in September – this year's theme is 'Intergenerational Wellbeing'.

7 FLOURISHING ON THE FLEURIEU

Check out the Taskforce website/online hub at: www.victor.sa.gov.au/flourishing

7.1 Flourishing on the Fleurieu feature – Launch of the Age Friendly SA Strategy

Office for the Ageing recently called for submissions of case studies which showcase age friendly programs and initiatives that highlight innovation of local government in progressing the age friendly agendas. The Taskforce submitted an article about our Flourishing on the Fleurieu Festival held in October 2016 which was featured at the Launch of the new Age Friendly SA Strategy on 22 May in Adelaide. The Flourishing on the Fleurieu Age Friendly Business and Community Awards and an Inclusive Tourism Project about to be launched in the Hills and Fleurieu region were also featured, thank you to Johanna Milbank who provided information about these two collaborative projects coordinated by Regional Development Australia.

7.2 Flourishing on the Fleurieu Festival 2018

Discussion around the option of hosting the biennial Flourishing on the Fleurieu Festival in 2018. Positive Ageing Taskforce members agreed that it would be good to host the Festival in 2018, as it is not included in the 2017-18 budget for the Taskforce, would need to consider hosting it in second half of the year. There would need to be further discussion around funding for the Festival considering the Commonwealth funding for the Taskforce currently expires in June 2018. Johanna suggested the first planning meeting be scheduled for November 2017 to start initial planning. Michele Pearce self-nominated to assist again via the planning team. It was suggested to have a theme and perhaps try to host Festival to coincide with Active Ageing Week – last week in September.

8 DEMENTIA FRIENDLY COMMUNITIES

8.1 Dementia Friendly Communities Project

The Dementia Action group will continue to progress our local dementia-friendly initiatives. The *Trello electronic noticeboards* for information about local dementia services and training/info workshops are live and can be accessed by service providers and the community; for access to the weblinks visit www.victor.sa.gov.au/flourishing If you have information/flyers about dementia-specific services or workshops that you wish to have added to the noticeboards, please forward to mfuller@victor.sa.gov.au or you can request administration rights to update your own organisation's information on the Trello site. Suggested www.victor.sa.gov.au/flourishing be added to Michelle's Taskforce email signature.

A few community members have expressed interest to participate in a local *Dementia Alliance* group, that will help advocate for the needs of people living with dementia in our community and help shape future dementia friendly community efforts by liaising with the Dementia Action Group. It is hoped that this group will include a diverse range of people including people living with dementia and their carers, local government, community organisations, businesses and schools.

Planning is progressing slowly in relation to '*the CADDY initiative*' – it is hoped that a prototype can still be trialled later this year within local social support programs (Caring Neighbourhood Program and Community Connect) to help shape a broader regional trial in the future.

Sue Tucker has advised that Carers SA will be running the *Creative Ways to Care Program* later in the year, October/November, further details to be provided once finalised.

8.2 Dementia Friendly Communities Training

Home Instead Senior Care continue to offer free Dementia Training sessions for community, volunteers and businesses – a session was held at Southern Fleurieu Health Service on 19 May and another scheduled for 16 June. Also exploring the option of running back-to-back sessions with Lynn Field (AASA Dementia Link Worker) facilitating a more in-depth session re: Dementia. For further information, please contact Jan on 8552 9840 or jan.atkinson@homeinstead.com.au

9 WORKFORCE TRAINING AND DEVELOPMENT

9.1 Better Practice Project workshop – ‘A Taste of Resilience’

This three hour workshop was held on Tuesday 2 May 2017 at ‘The Hub’ in Goolwa, with 12 people participating. Feedback was very positive, 11 out of 12 respondents rated the level to which they gained new learnings or insights as “a lot” or “a great deal”, 83% rated their overall satisfaction as very good to excellent.

For details about other Better Practice Project Workshops visit

<http://www.agedcommunity.asn.au/providers/better-practice-project/eventsworkshops/>

9.2 Active Ageing Australia – ‘Focus on Falls’ Seminar 27 June 2017

With support from the Taskforce, Active Ageing Australia will be hosting a Focus on Falls Seminar to be held on Tuesday 27 June 2017 at the Anchorage Seafront Hotel from 1.00 – 4.30pm (including afternoon tea), both health professionals and community members welcome to attend. The new Falls Prevention in SA Website will also be launched on the day. The seminar is free for community members to attend, cost for health professionals is \$22 which includes individual AAA membership. Please promote this great opportunity to staff, other health professionals, clients and community members.

10 KANGAROO ISLAND

Refer to KI initiatives in Country SA Primary Health Network update at 12.2.

Tim Hutchinson Regional Manager TAFE SA is finalising travel support grant for KI students needing to travel to mainland as part of their course – information to be distributed once finalised.

11 ISSUES FOR STRATEGY AND PLANNING

11.1 Sector Support and Development

11.1.1 SA Collaborative Projects Symposium 7 July 2017 ‘No-one should have no one’ focus topic - Loneliness and Social Isolation, 9am – 4pm at Morphettville Racecourse. All aged care services welcome. Has proven to be a popular topic with places now full, anyone else interested in attending will be placed on a wait list.

11.1.2 Aged Care Quality Agency Presentation 2017

Michelle has contacted the Aged Care Quality Agency (AACQA) several times to schedule a presentation time, awaiting reply and confirmation of availability.

11.1.3 New CHSP Manual April 2017

A new manual was released in April 2017 which outlines the requirements supporting the delivery and management of the Commonwealth Home Support Programme (CHSP). This resource is for use by service providers and forms part of the Grant Agreement. The new manual can be accessed via the Department of Health website <https://agedcare.health.gov.au/news-and-resources/publications/fact-sheets/commonwealth-home-support-programme-programme-manual-2017>

11.1.4 Online hub for Positive Ageing Taskforce

To keep up to date with Taskforce projects, access minutes of network meetings and links to upcoming training and workshops visit: www.victor.sa.gov.au/flourishing

11.2 Ageing and Aged Care Communication from/to Department of Health

<https://agedcare.health.gov.au/>

11.2.1 Feedback to and responses from Department re: Home Care Packages changes

A statewide online survey was used to gather feedback from service providers across the state, this information was collated and then presented to Department of Health state office. Department of Health representatives Louise Hamilton, Bev Young and Margot Chiverton met with SA Collaborative Project Officers on 10 May to discuss the feedback and provided responses to the key issues raised. The Department's responses were distributed via email to Taskforce members on 17 May, along with useful weblinks for accessing additional information. The Department of Health webinar, Home care reforms and ongoing improvements streamed on 15 May 2017, and has information about many of the issues raised in the recent survey, it is available for viewing at <https://agedcare.health.gov.au/news-and-resources/webinars>

12 STATE / COMMONWEALTH UPDATES

12.1 Country Health Update – Country Health Connect -

Not available.

12.2 Country SA Primary Health Network (PHN) update (Elizabeth Kennedy)

- Country Cabinet Victor Harbor Monday 5th June. Broad range of questions from transport, environmental, DOA, service provision, tourism, Granite Island projects to Alzheimer's Australia SA. Kathryn Quintel to have off line discussions with Jack Snelling re resources in the area
- Alzheimer's Australia SA Lynn Field would like to take workshops to KI. These are free and cover Memory and Ageing talk – 1hr, Understanding Dementia – 2 hr, Family Carer Workshop – 3 hr
- Port Elliot Computing Centre, Pt Elliot Uniting Church, 44 North Terrace are holding a Memory and Ageing session on June 28th between 1 – 3 pm.
- Breaking the Cycle event in Victor Harbor. 70 attending with 5 trade tables in attendance. Support for families requested. Services in the area need more promotion/education, this includes all services across the board.
- Summit Health contract David Arnold and Tamsin Wendt on KI. GP referral for 6 + 6 sessions under GP MH program
- DrugArm on KI with office in Junction Australia complex. Commencing next week. 12-week psychosocial support. Develop groups for users and carers/family members.
- Hello Sunday Morning application re DOA support. App developed called Daybreak to self-monitor consumption and receive support. All ages. Referral via Summit Health for access code.
- Michael Pengilly confirmed that he wishes to hold a dementia forum on KI, possibly November 2017
- Decision Assist free education sessions on Advanced Care Directives, Victor Harbor Golf Club Wednesday 26th July 6:30 – 8:30 pm.
- NDIS links attached.
- Grant sites that may be of use are attached.

13 NEW AND EMERGING ISSUES / OPPORTUNITIES

13.1 Flourishing on the Fleurieu Business and Community Forum

This forum was held on 24 May 2017 at the McCracken Country Club. 18 people attended from a range of business and community groups. Topics presented included: Access is Good Business by Push Adventures, Eating Social by Test Kitchen, Creating Dementia Friendly Communities and Businesses by Alzheimer's Australia & Home Instead Senior Care. Connections and links were made between organisations leading to potential new initiatives or value adding to current ones.

13.2 Royal Life Saving Society SA – Grey Medallion program

Commencing at Fleurieu Aquatic Centre on 5 July for people over 55 years. Covering four main components: Water Safety Knowledge, Resuscitation and Emergency Care, Aquatic Exercises, and Personal Survival & Lifesaving Skills.

13.3 World Elder Abuse Awareness Day 15 June 2017

Resources available at <http://www.sa.agedrights.asn.au/>

Conference booking <https://www.trybooking.com/book/event?eid=243517&>

14 ROUND ROBIN

Johanna Milbank (RDA Hills Fleurieu and KI): The RDA is supporting several new initiatives for the coming financial year including:

- Make it intergenerational with the Alexandrina Community Hub – young people interviewing and filming the stories of our seniors for presentation at the local youth 'Show us your Shorts' performance
- NoonEAT (No one need Eat Alone Tonight) social eating initiative that will look at the current level of social eating programs and test three models for social eating programs for seniors with a commercial and community focus
- Inclusive Tourism – Push Adventures will do nine business reviews of tourism business in the Fleurieu advising business owners on accessibility – information, customer service and infrastructure. A regional workshop to provide information to the industry will also be held on 1 August
- McCracken Country Club in partnership with Home Instead Senior Care, Xtra Aged Care and the RDA will launch its new Assisted Accommodation Tourism Package shortly. This package will provide two nights accommodation and breakfast plus two for one dinner for two people with access to care support and mobility equipment to allow those with declining health to still travel and enjoy a tourism experience. Also good for respite accommodation.

Terry Mangelsdorf (Carers SA): Carers SA, CRCC funding confirmed under most funding lines through until the end of the 17/18 financial year. Funding is moving from CRCC to NDIS/NDIA from both Severe & Profound funding, Mental Health funding & Young Carer Funding and will continue to do so, the % per year is unknown. CRCC has not seen a reduction of the requests for respite from clients who are engaged with NDIS as respite for the carer is not included in the planning by NDIS. There are gaps, CRCC advises clients to recontact their NDIS planner for a review as a matter of urgency, and to be firm in their negotiations to ensure their need is met. Clients need to be very proactive when ensuring their plan does support all of their needs. Clients with Mental Health diagnosis are now also being assessed by NDIS, CRCC has been involved with identifying & supporting clients to NDIS. However NDIS will only have the capacity to support 15% of these clients, the unanswered question is what happens to the remainder, as Respite support is predominately the only available support.

The Community Home Support Program Flexible Respite (CHSPFR) In-home Day/Night & Cottage, funding is available for respite support if the client has exhausted their HSP funding. Cottage funding is proving difficult to move, therefore any clients who are linked with CRCC who access Cottage day or night support, CRCC is very keen to hear from. Contact has been made with Cottage coordinators with this advice, however limited referrals have been forthcoming, therefore any referral for clients for cottage, day or night funding will be greatly appreciated.

Young Carer funding guidelines have been amended. The guidelines now require the respite support to be related to the YC's education. Tutoring and similar initiatives fit under this support funding, Social & domestic assistance etc. is no longer supported under this program.

Carers SA continues to be involved in responding with feedback to the Dept. about the proposed Integrated Carer Support model.

As EOFY approaches CRCC is endeavouring to provide support to clients to ensure there are no unused funds outstanding. Please contact CRCC if you know of clients who may benefit from respite please refer. CRCC welcomes contact and referral from any provider, organisation or family carer to assist carers to be able to continue with their caring role, by providing respite assistance as required in an emergency or short term occasional capacity. CRCC staff can plan with both carer & care recipient, the most suitable way of meeting their respite need. CRCC has funding for GH&A, Disability, Mental Health, Severe & Profound, CHSPFR & Young Carer programs. Contact phone 1800 052222.

Meeting was closed at 2.05 pm

NEXT MEETING:

Tuesday 8 August 2017 at 11.50 am for 12 noon start, City of Victor Harbor Council Chambers.

Guest speaker: TBA