



MEDIA RELEASE | 25 October 2022

Connecting through the Art of Ageing

Community groups and organisations across the Fleurieu Peninsula are invited to join creative conversations, explore ageing as a lifelong process and share ideas for intergenerational connections.

The City of Victor Harbor and Spark Curiosity Consulting, in partnership with Alexandrina Council, District Council of Yankalilla, and supported by Office for Ageing Well, are launching an exciting new project called 'Connecting through the Art of Ageing'.

The project aims to spark curiosity about ageing within our communities and encourage people of all ages to connect with each other.

Trained facilitators can visit community groups and organisations to host a creative conversation workshop and unravel the big questions about life and getting older.

Spark Curiosity Consulting Manager, Dana Lavenant, said this is an exciting project for the Fleurieu Peninsula community.

"Participants will be encouraged to find new ways to reach out and connect with people from a different age group. We will help to link different groups," Ms Lavenant said.

"Our creative conversation workshops will inspire community groups to think about life in unique ways and consider what connects different age groups."

"Through intergenerational activities, we can enrich lives and address stigma and taboo around the subject of ageing."

Participants will also be invited to submit photos, drawings, stories, dance, music, theatre, painting, creative art or any other form of multimedia that represents their interactions.

These artworks will be showcased in each of the participating Council areas, and the broader community will be invited to engage in the experience.

City of Victor Harbor Acting Chief Executive Officer, Karen Rokicinski, said everyone is welcome to participate in this project.

"The Fleurieu Peninsula is home to a diverse range of residents – from younger people to older persons – and this project is all about connecting different generations while encouraging people to think about what ageing means to them," Ms Rokicinski said.

“We hope to hear from community groups, schools, early childhood centres, youth groups, seniors’ clubs, sports clubs and anyone else interested in participating.”

To express your interest in being involved in the Connecting through the Art of Ageing project, email Dana at dana@sparkcuriosityconsulting.com or call 8551 0500.

For further information and project updates, visit [**www.victor.sa.gov.au/artofageing**](http://www.victor.sa.gov.au/artofageing)

This project is supported through an Age Friendly SA Grant from Office for Ageing Well, SA Health.