



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – June 2018

June already and 2018 is flying fast!! Wow, so much happening for the Taskforce this year, it certainly is keeping me extremely busy. The CADDY Project is progressing nicely and grant applications are now open for community groups to support participation in the 2018 Flourishing on the Fleurieu Festival.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2018 Taskforce Membership

We welcome new members Sinead Saint (ACH Group), James Lomax (YMCA), and Brittannie Millowick and Emma Martin (Australian Hearing) to the Taskforce.

If any members need to update contact details or no longer wish to be part of the Taskforce, please advise via email mfuller@victor.sa.gov.au. If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Taskforce Chairperson

As announced at our network meeting in April, our current chairperson Johanna Milbank will be resigning as chair following our June network meeting. We take this opportunity to extend our sincere thanks and appreciation to Joh for her input and collaboration with the Positive Ageing Taskforce over the past two years, Joh's involvement has provided an opportunity for Taskforce members to receive information and engage in broader regional projects. Joh has also been an active member of the 'Dementia Action Group' and 'Flourishing on the Fleurieu Festival Planning Team' workgroups. Credit also needs to be acknowledged for Joh's initiative in coordinating the inaugural regional 'Age-Friendly Business and Community Awards' which coincided with the 2016 Flourishing on the Fleurieu Festival. Joh's commitment and enthusiasm for aged-care priorities in our region is commendable and her partnership with the Taskforce has been much appreciated. We wish Joh all the very best for her next chapter. We are currently seeking nominations for the role of Chairperson and encourage anyone with a commitment to collaboration for improving the quality of life outcomes for older people to consider nominating – an email was distributed via the Taskforce network on 15 May.

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – This year's Festival has an exciting new format and will be a week-long event held during Active Ageing Week 23-29 September 2018. The emphasis is on 'exploring the possibilities' for getting involved in your local community. The Taskforce is offering small grants of \$150 to small community-based groups, located within any of the four council areas (Alexandrina, Victor Harbor, Yankalilla and Kangaroo Island), to help fund an activity or event during the Festival week aimed at encouraging new people to get involved. Community groups are being asked to consider the valuable role they have to play in helping to address the challenge of social isolation and loneliness, and to think of creative ideas to encourage participation of older people who may be experiencing loneliness within their community. Organisations and service providers are welcome to host a self-funded activity/event during the Festival week. A promotional feature article about the



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upcoming Festival was published in The Times on 10 May, Yankalilla News will also run an article, a media release is also being distributed, and each council has been provided with copies of the grant guidelines and application forms. Flourishing on the Fleurieu Festival templates will be available via the flourishing webpage to help groups and organisations promote their Festival activity/event. The Taskforce will compile a program of activities scheduled across the region to promote the Festival week. Festival grants for community groups opened on 10 May and closing date for applications is 22 June 2018. Registration Forms for organisations/service providers to register their event/activity have been distributed via the Taskforce. For more information visit www.victor.sa.gov.au/flourishing

Dementia Friendly Communities

2. **Dementia Friendly Communities project:**

- a. *Dementia Alliance:* To date, we have not received much interest from community members, alternative means of involving people with lived experience of dementia in future dementia-friendly initiatives are being explored.
- b. *Online 'Trello' resource:* Please forward any information about local dementia-specific services or upcoming dementia information sessions/workshops so we can add to these to the electronic noticeboards. Please note, flyers and posters can also be uploaded. Information about local dementia services and support available in Southern Fleurieu region can be accessed via www.victor.sa.gov.au/flourishing
- c. *The CADDY initiative:* The last two months have been extremely busy for the CADDY Project and significant progress is being made. This initiative seeks to empower people living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected with the community. This trial project is supported by funding from Office for the Ageing via the Age Friendly SA grants. Project partners include two local social support programs (Caring Neighbourhood Program and Community Connect Program) including volunteers and clients, Better Questions, Dementia Australia, Flinders University-based research team, and the Positive Ageing Taskforce providing project coordination. Dementia training was provided to 11 volunteer 'caddies' and program staff on 22 May. Project staff have also been busy liaising with the research team, Jeffrey Fuller and Liz Cleland, about the evaluation framework for the project. Community Connect and Caring Neighbourhood Program have been busy recruiting volunteers and clients to participate in the project, and developing and trialling some new tools and templates with a wellness and reablement approach. People living with memory loss who are interested in participating in this project are encouraged to contact My Aged Care to request referral, or contact Caring Neighbourhood Program (Victor Harbor) or Community Connect Program (Alexandrina) for registration details. Community members interested in volunteering for the caddy role can also find out more information by contacting either program. For general enquiries about the CADDY project please contact mfuller@victor.sa.gov.au or phone 8551 0571.

Workforce Development & Training

3. **SA Collaborative Projects state event – WELLNESS & REABLEMENT Putting into Practice:**

Save the date for Friday 31 August 2018, 9.00am – 4.00pm, at Sunnybrae Estate. This event will be free to attend and promises a very hands on day with practical outcomes. Further details including registration will be distributed once available.



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4. **Better Practice Training Workshops:** For further training and professional development opportunities please visit:

<https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project>

Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.

Kangaroo Island

5. Update to be provided at our network meeting.

Ageing and Aged Care Communication from/to Department of Health

6. **Information about ageing and aged care** is available via:

- Department of Health website: <https://agedcare.health.gov.au/>
- Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
- Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
- Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
- Publications: <https://agedcare.health.gov.au/publications-and-articles>
- Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
- Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
- Aus Tender: <https://www.tenders.gov.au/>
- Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>

7. **Aged Care Roadmap:** future reform directions for aged care

https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf

8. **DoH update via CPO network meeting on 9 May 2018:**

- **New CHSP Agreements:** New CHSP grant agreements are being offered to existing CHSP service providers at the existing funding levels, and require providers to focus on delivering services using a wellness and reablement approach to support and promote client independence. In addition to the existing funding conditions, from 1 July 2018, CHSP funded service providers will be required to deliver against the following funding conditions: an annual wellness report on wellness and reablement approaches to service delivery; and provide data to the Department on all existing CHSP clients that are not registered with My Aged Care. For further information about the funding extension visit <https://agedcare.health.gov.au/programs/commonwealth-home-support-programme/chsp-funding-extension>
- **New CHSP Manual:** It is essential for providers to read and understand the Government's requirements going into the two year extension. The new CHSP Manual, effective from 1 July 2018, can be accessed via <https://agedcare.health.gov.au/programs/commonwealth-home-support-programme/chsp-manual-effective-as-of-1-july-2018>
- **The Budget and CHSP:** this budget will also focus on wellness and reablement approaches, by trialling an assessment model that supports aged care consumers to



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access short-term or episodic services. These services will focus on maintaining or regaining independence and social connectedness prior to receiving ongoing services through CHSP or other types of aged care.

- **Grant Manager role after July 2018:** Your current Grant Manager will be moving to the Community Grants Hub and the administration of your CHSP grant will be done through the hub. The Hub is to provide a streamlined approach to offering a simplified grant experience for providers.

Additional information from the DoH update will be discussed at the June network meeting.

9. **Sector Support and Development Activity Work Plan 2018 – 2020:**

Michelle has compiled the new Activity Work Plan which outlines the Taskforce activities and deliverables for 1 July 2018 to 30 June 2020, and this will be forwarded to the Department for review and approval. In addition to existing requirements, there is now greater emphasis on supporting CHSP providers to embed wellness, reablement and restorative care approaches into service delivery, and an added focus on supporting and maintaining the volunteer workforce.

10. **Round Table with Federal Minister for Ageing:** On 1 May 2018 various council representatives and aged care service providers/stakeholders met with the Hon Ken Wyatt MP at Strathalbyn Racing Club to discuss key aged care issues for the electorate of Mayo. Michelle attended on behalf of the Positive Ageing Taskforce and as a representative for City of Victor Harbor. Due to time constraints, and the large number of participants, a limited number of issues were discussed; however the Minister was particularly interested to hear about innovative models of practice, new ways of delivering effective service and connecting people with their local communities.

OTHER

11. **My Aged Care Support Program:** COTA SA is facilitating this program, funded by Country SA PHN, which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone initially, with the option of a local Peer Champion meeting face to face if required. Our local Peer Champions are: Anne Hamilton 0456 388 610 and Marilyn Henderson 0456 390 059. Pop up stalls are also hosted at the Victor Harbor Library on Mondays 10.00am – 12.30pm, and Victor Medical Centre on Wednesdays 10.00am – 12.30pm. The support offered is free, local and neutral. For further information, please contact COTA SA Country free call 1800 182 324 or Helen Morley (Project Officer) hmorley@cotasa.org.au

12. **World Elder Abuse Awareness Day:** June 15 is the annual day to raise awareness of elder abuse throughout the world. Organisations and groups are encouraged to get involved in raising awareness and be part of the campaign. ARAS has compiled some Community Activity Starter Kits with some ideas, resources and information on other supports that you can use in your activity, visit www.sa.agedrights.asn.au. Paper copies of the kits will be available at the Taskforce network meeting or contact Michelle via email mfuller@victor.sa.gov.au or phone 8551 0571.

This year's **ARAS World Elder Abuse Awareness Conference** will be held on 15 June at Stamford Grand Hotel Glenelg 8.00am – 4.00pm. Click on this link for further details <https://www.sa.agedrights.asn.au/events/view/weaad-2017-conference-2017-05-01>