

## Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: [mfuller@victor.sa.gov.au](mailto:mfuller@victor.sa.gov.au)

### PROJECT OFFICER REPORT – April 2017

April has arrived, and another busy year is shaping up. The February 27 changes related to Home Care Packages have occurred and it will be interesting to hear from service providers about the impact of these changes.

#### 2017 Taskforce Membership

If you need to change your details or no longer wish to be part of the Taskforce, please advise via email [mfuller@victor.sa.gov.au](mailto:mfuller@victor.sa.gov.au) If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at [www.victor.sa.gov.au/flourishing](http://www.victor.sa.gov.au/flourishing)

#### Flourishing on the Fleurieu

1. *Flourishing on the Fleurieu feature article in The Times*: Information for a feature article on the topic of Dementia Friendly Communities was compiled, including promotion of the new online resource 'one-stop-shop' for information about local dementia services and support. The two-page feature article was published in 30 March 2017 edition of The Times.

#### Dementia Friendly Communities

2. *Dementia Friendly Communities project*: The Dementia Action Group has met twice this year already to further progress our local dementia-friendly communities initiatives.
  - a. *Dementia Alliance*: We are hoping to develop a local Dementia Alliance group, including people living with dementia and/or their carers, community organisations/groups, businesses and schools who are interested in having a say or contributing towards initiatives that will help to create a dementia-friendly community. This group will help advocate for the needs of people living with dementia, their families and carers. The Dementia Alliance will provide feedback to the Dementia Action Group to help shape future efforts to make our community more aware and inclusive of the needs of people living with dementia. If you know of anyone who would be interested in joining this open and flexible group, please pass on my contact details.
  - b. *New online resource*: this register of information about local dementia services and support, consisting of two electronic noticeboards (Dementia Information and Education, and Dementia Services in Southern Fleurieu region) is now live and accessible via [www.victor.sa.gov.au/flourishing](http://www.victor.sa.gov.au/flourishing) If you know of additional local dementia-specific services or information available which could be added to these noticeboards please let us know. Please note, flyers and posters can also be uploaded.
  - c. *The CADDY initiative*: Planning is underway for trialling a prototype of The Caddy initiative in the second half of this year. We are excited to have the partnership of Flinders University offering research advice about progressing this project.
3. *Dementia Friendly Communities Forum*: was hosted on Tuesday 7 March 2017 by Michael Pengilly MP Member for Finniss and Alzheimers Australia SA in the City of Victor Harbor Council Chambers. The forum was attended by 19 people, mostly service providers along with two community members. The Forum consisted of a presentation by Alzheimers Australia SA outlining the features of a dementia-friendly community, followed by a talk from Ian Gladstone who shared his personal experiences of living with semantic dementia.

## Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: [mfuller@victor.sa.gov.au](mailto:mfuller@victor.sa.gov.au)

4. *Dementia Friendly Communities Training*: Home Instead Senior Care continue to offer free Dementia Friendly Training Workshops. These 45 minute workshops are suitable for customer service staff of local businesses and volunteers of organisations. For further information, or to book a session for your organisation/group, please contact Corrie Burnside on 8552 9840 or [corrie.burnside@homeinstead.com.au](mailto:corrie.burnside@homeinstead.com.au)

### Workforce Development & Training

5. *A Taste of Resilience workshop*: We are offering this free three hour workshop to explore how developing resilience strategies is vital to our overall health and wellbeing, understand how character strengths aid energy and optimism, look at PERMA Plus and keys to enhancing wellbeing, and includes interactive activities. The workshop will be held at the new Community Hub in Goolwa on Tuesday 2 May 2017 1.00 – 4.00 pm. Please promote to your colleagues and staff and book now to secure your place. RSVP to [mfuller@victor.sa.gov.au](mailto:mfuller@victor.sa.gov.au)  
For details about other BPP events and training workshops on offer visit: <http://www.agedcommunity.asn.au/providers/better-practice-project/eventsworkshops/>
6. *COTA SA Information sessions*: COTA SA are seeking to train peer educators to deliver a range of free information sessions in local areas, if you know of anyone who may be interested in training in this role please ask them to contact Germaine Rowberry Community Connections Manager on 8232 0422. The information sessions include *Moving Right Along (older drivers, travel options, motorised mobility scooters)*, *Maximising My Independence (CHSP and MAC)*, *Your Wellbeing Your Plan (wellness, goal setting, support services)*. Seniors groups, clubs or associations can book a free group session by calling COTA SA on 8232 0422 or 1800 182 324. Further information at [www.cotasa.org.au](http://www.cotasa.org.au)
7. *TAFE SA Short Courses*: the Community Services, Health and Lifestyle team will be facilitating some new industry professional development short courses in 2017, for more information go to <http://tafesa.edu.au/courses/community-services/aged-care-disability> Certificate III Individual Support (Disability) will also be offered for existing workers who need to complete the current qualification.

### Kangaroo Island

8. Kangaroo Island Health Service are partnering with TAFE SA to support Certificate III Individual Support (Ageing) students with practical skill development and assessment via extended vocational placement hours.

### Sector Support & Development

9. *Aged Care Quality and Complaints Presentations*: Claire Witham from the Aged Care Complaints Commissioners Office will be presenting at the April Taskforce network meeting. Awaiting a reply and confirmation of availability from the Aged Care Quality Agency in relation to booking a presentation time.
10. *Online Hub for Positive Ageing Taskforce*: Our web-link has recently been updated, please visit [www.victor.sa.gov.au/flourishing](http://www.victor.sa.gov.au/flourishing) and check it out, suggestions for improvements are welcome.

## Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: [mfuller@victor.sa.gov.au](mailto:mfuller@victor.sa.gov.au)

### Ageing and Aged Care Communication from/to Department of Health

11. Information about ageing and aged care is available via:

- Department of Health website: <https://agedcare.health.gov.au/>
- Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
- Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
- Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
- Publications: <https://agedcare.health.gov.au/publications-and-articles>
- Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
- Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
- Aus Tender: <https://www.tenders.gov.au/>
- Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>

12. **Aged Care Roadmap:** future reform directions for aged care

[https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04\\_2016/strategic\\_roadmap\\_for\\_aged\\_care\\_web.pdf](https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf)

13. **Home Care Package changes Feb 2017:** Changes were implemented from 27 February including the new national system for prioritising access to home care, and home care packages being allocated to the consumer allowing the consumer to direct funding for their package to the provider of their choice. We look forward to hearing your feedback and comments related to these changes. Further information is available on the department's website:

<https://agedcare.health.gov.au/increasing-choice-in-home-care>

### OTHER

14. **NNIDR National Public Lecture Tour 2017** – The Adelaide Lecture is scheduled for Wednesday 12 April 2017 at the Adelaide Convention Centre and will be presented by Professor Henry Brodaty. Michelle is planning to attend.

Michelle Fuller

Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

4 April, 2017.