



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – December 2018

... And just like that December is here and crazy end-of-year deadlines are now upon us. It has been an exciting past two months for the Taskforce - receiving and collating feedback from the 2018 Flourishing on the Fleurieu Festival, and evaluation of the CADDY Project trial currently underway, amidst our regular Taskforce priorities.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2018 Taskforce Membership

Our Taskforce membership continues to grow with 97 current active members. The Taskforce member contact list (for those consenting to share their contact details) was updated and distributed to current members on 31 October. If you are a new member and would like a copy of network members' contact details, please advise via email mfuller@victor.sa.gov.au and I can forward you a copy.

If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – The aim of the 2018 Festival was encouraging community participation and 'exploring the possibilities' for getting involved in your local community; as a collective effort to address loneliness and social isolation. We were thrilled with the outcomes of this year's Festival held during Active Ageing Week 23-29 September; the new format proved to be very successful in engaging people to try new community activities. 27 community groups and 15 organisations collectively hosted 102 diverse activities/events during the Festival week across Alexandrina, Victor Harbor, Yankalilla and KI council areas. Feedback has now been collected from participating groups and organisations (except the small library community groups); more than 1471 people attended the scheduled Festival activities/events, with 37% (541 people) new to the group/activity, 48% (260) of these new people indicated they would like to attend the group again. While a few groups/organisations were disappointed with the low number of attendees at their event, most groups were very pleased to report on their successful activities/events and thought the new format was a good way to engage new people. 25 of the 27 (93%) community groups stated they would like to participate in future festivals. A PowerPoint presentation with collated evaluation and photographs is being prepared to share with Festival stakeholders. The 2018 Festival planning team attended an evaluation meeting on 19 November to discuss outcomes of the Festival. It is anticipated that initial planning for 2020 Festival will commence by April/May 2019 to allow adequate lead-in time and to review and update administration procedures and documents.



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Dementia Friendly Communities

2. *Dementia Friendly Communities project:*

- a. *Online 'Trello' resource:* We are currently reviewing the Trello resource as a platform for sharing information about local dementia-specific services and information sessions/workshops. Taskforce members are invited to feedback information about utilisation of this resource. Currently the trello resource can be accessed via www.victor.sa.gov.au/flourishing
- b. *The CADDY initiative:* The trial CADDY Project, supported by funding from Office for the Ageing via the Age Friendly SA grants, is nearing completion with evaluation interviews currently underway. This initiative seeks to empower people living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected with the community. Project partners, Caring Neighbourhood Program and Community Connect Program, have implemented the project during 2018 with some encouraging outcomes and key learnings arising. A follow-up workshop for volunteer caddies to review enabling strategies for wellness and reablement, was facilitated by Dana from the Better Practice Project on 13 November, 9 people participated in the workshop including caddies and other individual social support volunteers. Feedback from the workshop was extremely positive with all participants stating they gained many learnings/insights from the session and the interactive discussions. A second promotional article about the project is being published in the December edition of WeekendPlus digital magazine for seniors. The final evaluation report is expected to be completed by end of February 2019. For general enquiries about the CADDY project please contact mfuller@victor.sa.gov.au or phone 8551 0571.

Workforce Development & Training

3. **Better Practice Training Workshops:** For further training and professional development opportunities please visit: <https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project>
Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.
4. **ACSA WELLNESS & REABLEMENT Workshop for managers/supervisors/team leaders:**
This workshop is being held in various locations across the state facilitated by ACSA. The Southern Regional workshop was held on 21 November 9.30am – 3.30pm at City of Victor Harbor Council Chambers presented by Phil Allan (ACSA) and Amanda Jones (Helen Sanderson Associates) with 13 people participating. A Wellness and Reablement Roadmap is being developed by ACSA and Helen Sanderson Associates, based on feedback and consultation within the aged care sector, as a guide to support organisations to embed their positive practices of wellness and reablement with older people. This resource will be made available to organisations in the near future.



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- **Webinar: updates on My Aged Care operations and Aged Care Quality Standards – recording now available:** This webinar provided an update on the operations of My Aged Care and the Aged Care Quality Standards. It focused on key areas of interest for service providers and the assessment workforce including an:
 - o update on October 2018 system changes
 - o overview of Aged Care Quality Standards guidance material
 - o overview of continuous improvement activities supporting My Aged Care operations
 - o update on the development of the new My Aged Care website and enhanced service finder functionality.

The link to the webinar can be accessed via the [department's webinars page](#).

- **New requirements for home care information for the service finder:** The department has updated the guidance materials with new requirements for approved providers of home care when entering information into the My Aged Care website home care service finder. To comply with the new requirements, your organisation and outlet administrators may need to make changes to your outlets and associated services in the My Aged Care provider portal. More information is available in the [Managing your home care service information](#) factsheet.

- **Reminder: Mandatory publication of home care pricing information by 30 November 2018:** Home care providers must have published their existing pricing information on the My Aged Care Service Finder by 30 November 2018. This requirement was formalised in [legislation](#) in August 2018. From 30 November, providers will not be able to add, or edit existing service information on the My Aged Care provider portal unless pricing information has been added. Providers need to publish their home care pricing information by either:
 - o uploading a document such as a PDF, or
 - o including a direct website URL link to their current pricing schedule (**not** to a website home page).

Providers are able to apply this pricing information to either their home care outlet or an individual service item. A quick reference guide is available on the [department's website](#).

The department continues to monitor the publication of home care pricing information. Early next year, providers will need to publish their home care pricing information using a new standardised pricing schedule on the My Aged Care Service Finder. More information on this change will be provided in the near future.

- **Aged Care Workforce Strategy released**

The industry-led Aged Care Workforce Strategy was released on 13 September 2018. It is estimated the demand for aged care staff will almost triple by 2050. The Strategy will help industry attract and retain a skilled workforce to meet this demand. The Strategy flags the need to make caring a career of choice, with clear professional pathways, high community appreciation, and strong self-respect. The Strategy and supporting documents are available on the [department's website](#).



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OTHER

My Aged Care Support Program: COTA SA facilitates this service which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone or face to face with a local volunteer Peer Champion. Local Peer Champion, Marilyn Henderson, can be contacted directly on 0456 390 059, or alternatively, anyone can pop into Victor Harbor Library on Mondays between 10.00am – 12.30pm for a chat with Marilyn. The support offered is free, it's local, and provides neutral support and information on a range of aspects about My Aged Care associated with remaining living independently. 2018-19 anticipates seeing the project expand over the Fleurieu Peninsula, with recruitment underway for Volunteer Aged Care Peer Champions in Alexandrina and Yankalilla council areas.

For further information about the project, please contact COTA SA Country free call 1800 182 324 or Helen Morley, Project Officer, on hmorley@cotasa.org.au or 82320422 or visit <https://www.cotasa.org.au/programs/my-aged-care-support.aspx>

COTA SA gratefully acknowledges the financial and other support from Country SA PHN and the Australian Government Department of Health.

Forgotten Australians presentation by Josephine Littlehawk – 11 December 2018:

Josephine Littlehawk will be attending our Positive Ageing Taskforce Network Meeting on 11 December to share about her lived experience in institutional care as a child and the subsequent life impacts. Many Forgotten Australians are concerned about being re-institutionalised as they age leaving them more vulnerable to re-traumatisation through practices that are not trauma informed. We invite you to come along and hear Josephine's story. Kelly Francou from Relationships Australia (Elm Place) will be attending our February network meeting to present about the important work being undertaken to support Forgotten Australians. Elm Place provides state wide services for people who have experienced institutional and Out-of-Home care.

Michelle Fuller | Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce
3 December, 2018.

