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Sow. Grow. Eat. Repeat!

The Victor Harbor Library is launching a new program that aims to encourage sustainable food and lifestyle practices in the community.

Just as the first signs of spring are starting to blossom across the Fleurieu Peninsula, the Victor Harbor Library is commencing an exciting new program that focuses on green living.

Sow. Grow. Eat. Repeat! will promote sustainable food and lifestyle practices through a series of educational events and initiatives to be delivered over a three-month period.

The Victor Harbor Library has partnered with a wide range of organisations to develop the comprehensive program of events, including the Fleurieu Permaculture Group, Fleurieu Regional Waste Authority and The Food Embassy Inc.

City of Victor Harbor Deputy Mayor, Nick Hayles, said there is always something new to be learnt or considered when it comes to incorporating environmentally-friendly behaviours into our everyday life.

"Whether you're a gardening guru or green novice, we'd love you to attend any of the educational events and initiatives being offered at the Library throughout spring," said Deputy Mayor Hayles.

"In addition to special events, the Library will be hosting a curated collection of resources to encourage community members to develop their knowledge on local sustainability. These resources can be accessed at any time over the coming months."

"We hope to support the community and leverage potential opportunities to partner with local organisations, like the Victor Harbor Primary School, to see these practices put into place in our daily lives."

Some of the major highlights to look out for as the program launches include:

- Grow Free Trolley, to share home-grown seedlings and produce
- The Fleurieu Peninsula's first Seed Library in a Public Library
- Seed, seedling and cutting swap on Wednesday, 8 September
- 'Food Matters' interactive workshop series, commencing on Thursday, 7 September

For more information, please visit **www.victor.sa.gov.au/libraryevents** or collect a printed program from the Victor Harbor Library at 1 Bay Road, Victor Harbor. Event bookings will open at **www.victor.sa.gov.au/libraryevents** on Thursday, 1 September 2022.

Sow. Grow. Eat. Repeat! is supported by an Innovation Grant from the Libraries Board of South Australia and the Government of South Australia.