



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au | www.victor.sa.gov.au/flourishing

PROJECT OFFICER REPORT – August 2020

... And now we find ourselves in August. What a year it has been! Thankfully SA is still faring comparatively well in the COVID-19 pandemic; unfortunately some of our neighbouring states are still navigating extremely challenging times. It is essential we keep up the great work, being diligent with infection prevention and control strategies, and don't become complacent. COVID-SAFE plans have now become a familiar part of risk management strategies, as we adapt to the new way of working and living. We will continue to share information and Department updates via our email distribution. Our August Taskforce network meeting will once again be hosted via Zoom; and we will look to resume face-to-face meetings in October, with option of linking in via Zoom.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2020 Taskforce Membership

Welcome to the new members who have joined us over the past two months, we hope you find the network a valuable means of sharing and gaining information. We wish outgoing members all the very best with their new ventures. Thank you to our existing members for your ongoing input – we currently have 110 active members of the Taskforce.

If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is available online at www.victor.sa.gov.au/flourishing. Also, if you no longer wish to be a member of the Taskforce, please advise and we can remove your contact details from the network.

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival** – At our last Taskforce meeting it was decided to reschedule the Flourishing on the Fleurieu Festival until Autumn 2021. We will now need to schedule dates so planning can progress.
2. **Community Information Forums/Expos** – Recent preliminary discussion with COTA SA in July, in relation to Community Information Sessions. Suggested local service providers be invited to host a stall (expo-style) to promote services they have to offer. COTA SA have established a local Advisory Committee, who will guide what these sessions look like. It is anticipated these sessions will be hosted later this year.

Dementia Friendly Communities

3. **Dementia Friendly Communities project:**
CADDY Resources – Planning for the Caddy website is now well underway, as an online space to host the resources and information about this initiative in addition to relevant links to other useful resources. This will be useful as a means of sharing resources broadly with interested agencies and programs. We are still seeking people interested in being part of a 'Caddy Advisory Group' to support and guide the development of this website. If interested, please email Michelle mfuller@victor.sa.gov.au



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Workforce Development & Training

- 4. Better Practice Project (BPP) Training Workshops:** For further training and professional development opportunities please visit: <https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project> Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.
- 5. BPP 'Being Curious' webinar series:** Information has been distributed to network members about the *Being Curious* series of webinars that Better Practice Project are hosting. The next session is:
 - The Plug-in (COTA SA) – Insights into Consumer Engagement, 6 August 2020All sessions will commence at 10.00am. For details and prices go to: <https://www.agedservicesworkforce.com.au/events/list/> These are free events for CHSP and Disability workforce. For more information please contact Vicki Smith training@acsa.asn.au or 8338 7111.
- 6. Re-imagining the Personal Care Worker:** Considering the many recent reforms in the aged care sector, it is essential we have a suitably skilled workforce. A discussion paper has been produced to guide consultation. Please see the discussion paper [here](#).

Kangaroo Island

7. Update to be provided at August network meeting.

Ageing and Aged Care Communication from/to Department of Health

- 8. Information about ageing and aged care** is available via:

Aged care content has been moved to the department's new website. The new content is primarily directed at providers, assessors, and peak groups while [My Aged Care](#) remains the primary source of information for consumers. Here are the updated links:

 - Department of Health website: <https://www.health.gov.au/health-topics/aged-care>
 - Subscribe to newsletter: <https://www.health.gov.au/using-our-websites/subscriptions/subscribe-to-aged-care-sector-announcements-and-newsletters>
 - Announcements: <https://www.health.gov.au/health-topics/aged-care/aged-care-news>
 - Webinars: <https://www.health.gov.au/health-topics/aged-care/aged-care-resources/webinars-for-the-aged-care-sector>
 - Publications: <https://www.health.gov.au/health-topics/aged-care/aged-care-resources>
 - Consultations: https://consultations.health.gov.au/consultation_finder/?advanced=1
 - Speaking Requests: <https://www.health.gov.au/resources/publications/aged-care-speaking-requests>
 - Aus Tender: <https://www.tenders.gov.au/>
 - Multi-Purpose Services (MPS) Subscription: <https://www.health.gov.au/initiatives-and-programs/multi-purpose-services-mps-program>
 - Aged Care Quality & Safety Commission website: <https://www.agedcarequality.gov.au/>
 - Aged Care Quality and Safety Commission newsletter: <https://www.agedcarequality.gov.au/news/newsletter>

These links have been updated on the flourishing webpage www.victor.sa.gov.au/flourishing

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9. Department of Health recent updates:

- **Update Royal Commission into Aged Care Quality and Safety:** The Royal Commission into Aged Care Quality and Safety has resumed hearings and workshops but there will be no public access for the time being, subject to ongoing review. This decision is a consequence of the evolving coronavirus (COVID-19) pandemic, and based on information available from the Australian Government.
The Royal Commission into Aged Care Quality and Safety was [calling for submissions](#) from the general public and organisations relating to the impact of the coronavirus (COVID-19) on the aged care sector. The deadline for submissions was 31 July 2020. Go to the [submissions page](#) to learn more.
Read the [latest media release](#) from the Chair of the Royal Commission about COVID-19, issued on Wednesday 10 June 2020, and visit the [about the Coronavirus and the Aged Care Royal Commission](#) page.
Stay up-to-date with the Royal Commission on their website: <https://agedcare.royalcommission.gov.au/>
- **COVID-19 guide for home care providers:**
This guide is for providers of aged care and disability services who offer home care and support services to older people living at home and people with disability living in the community. It provides information and guidance on how to stay safe from coronavirus (COVID-19).
View the [COVID-19 Guide for Home Care Providers](#).
- **Stay COVID free, do the 3:** A new resource, [Stay COVID free do the 3](#) has been published on the department's website offering guidance on how to stay COVID-19 free. As we start to get back out there, this poster reminds all Australians to be COVID safe by washing your hands, keeping your distance and having the COVIDSafe app.
- **Home Care Packages Program data report 3rd quarter 2019-20:** The Minister for Aged Care and Senior Australians, and Minister for Youth and Sport, Senator the Hon Richard Colbeck, has released the Home Care Packages Program Data Report covering the period from 1 January to 31 March 2020.
The report is available from the [AIHW GEN aged care data website](#).
- **Join online Dementia Community of Practice:** There is a growing need for high quality dementia care. Over 459,000 people in Australia live with dementia and more are diagnosed each day.
Dementia Australia invites people working in residential or community aged care to participate in a Dementia Community of Practice pilot. Your participation will help transform dementia care and improve practice.
The pilot will give you opportunities to:
 - develop mutual support networks
 - access useful training via virtual classrooms

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- meet online to share and access knowledge about dementia care
- learn about improvements in dementia care
- receive support to implement change.

Visit Dementia Australia's [Centre for Dementia Learning](#) to check your eligibility and register for the online pilot.

- **National Congress on food, nutrition and the dining experience in aged care homes:** The department is partnering with the Maggie Beer Foundation to deliver a National Congress on food, nutrition and the dining experience in aged care. The Congress aims to find innovative options to improve nutrition and the food experience for older Australians in aged care services.

The Congress will bring together a select group of experts and stakeholders to connect current expert views and resources. Experiences from large and small providers, experts from national bodies and the food industry, will be showcased. In preparation for the Congress, a Survey of Food, Nutrition and the Dining Experience in Australian Aged Care Homes will be conducted. This survey will be part of a comprehensive review and will inform discussions at the Congress. More details on the survey will be provided soon.

- **Aged Care Resources:**

- o [Coronavirus \(COVID-19\) – Case studies of successful outbreak management in aged care services](#)
24 July 2020 - Fact Sheet: These case studies outline how aged care services have successfully managed COVID-19 outbreaks.
- o [Coronavirus \(COVID-19\) – Older Persons COVID-19 Support Line](#)
16 July 2020 - Fact Sheet: This fact sheet explains how the Older Persons COVID-19 Support Line provides information and support for older Australians. Part of a collection: [Coronavirus \(COVID-19\) resources for the general public](#)
- o [Guide to Combining Aged Care Services](#)
13 July 2020 - Guideline: Approved aged care providers should read this guide before submitting an application to combine residential care services or Home Care Package services. Part of a collection: [Management of Places Forms and Guidance Material for Approved Providers](#)
- o [Summary of My Aged Care system changes – June 2020](#)
1 July 2020 - Report: This report summarises the 29 June 2020 changes to the My Aged Care system.
- o [Schedule of Fees and Charges for Residential and Home Care](#)
30 June 2020 - Guideline: This schedule applies to residential and home care recipients who first entered care on or after 1 July 2014. It also applies to those who entered care before this date and have chosen to be covered by the 1 July 2014 arrangements.



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- [Commonwealth Home Support Programme \(CHSP\) My Age Care Provider Journey](#)
30 June 2020 - Infographic: This provider journey wheel can help providers perform their role successfully under the Commonwealth Home Support Programme (CHSP).
- [Commonwealth Home Support Programme \(CHSP\) Manual](#)
1 July 2020 - Guideline: This 2020–2022 manual provides an overview of the Commonwealth Home Support Programme (CHSP), including the service types it funds and requirements for delivering those services. It is for CHSP-funded service providers to use, and forms part of their CHSP grant agreement.
- [Living Well at Home – CHSP Good Practice Guide](#)
30 June 2020 - Guideline: This guide helps service providers understand the concepts and principles of wellness, reablement and restorative care approaches in services delivered under the Commonwealth Home Support Programme (CHSP).

OTHER

- **South Australian's Plan for Ageing Well 2020-2025:** was released on 1 July, and recognises the aspirations, challenges and incredible diversity in the way we age; sets a forward-looking vision to challenge the status quo; and enables the contribution of many partners. The Plan has been produced through extensive consultation, including the *Statewide Conversations with Older South Australians* and *Statewide Conversations with Stakeholders*. The Plan identifies three priorities:
 - Home and community (there is no place like home);
 - Meaningful connections (the key to a good life); and
 - Navigating change (building resilience).For more information and resources on **South Australia's Plan for Ageing Well 2020-2025**, see www.sahealth.sa.gov.au/planforagingwell
- **Recovery from COVID-19:** The SA Roadmap for Easing COVID-19 Restrictions can be located here <https://www.covid-19.sa.gov.au/recovery>
Step 3 from 29 June:
 - Frequently asked questions – Step 3: https://www.covid-19.sa.gov.au/_data/assets/pdf_file/0016/223072/FAQ-Step-3-09072020.pdf
 - Roadmap FAQs – Communal and shared food: https://www.covid-19.sa.gov.au/_data/assets/pdf_file/0011/199154/20200721-Roadmap-FAQs-Communal-and-shared-food.pdf
- **COVID-19 Fact Sheet Information for older South Australians:** SA Health released this Fact Sheet in June to provide relevant information about transitioning out of COVID-19; this was distributed via the Taskforce email DL on 23 June. [Click here to](#)

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[visit the SA Health website](#) for more information for the community about COVID-19 (scroll down to the *Older people* section for the fact sheet).

- **CHSP COVID-19 Recovery Response Project:** The SA Collaborative Project Officers coordinated this project to compile statewide feedback to provide to the Department of Health. The project involved collating information from surveys of 351 older people in South Australia and focus groups of service providers. An Executive Summary and Full Report were produced and forwarded to the Department and distributed to stakeholders across the state. If you did not receive a copy of these documents, and would like them emailed to you, please contact Michelle mfuller@victor.sa.gov.au

- **Information about local services and support during COVID-19:** Community members are encouraged to check their local council websites for information about local services and support at this time:
 - o City of Victor Harbor: <https://www.victor.sa.gov.au/community-information/coronavirus>
 - o Alexandrina Council: <https://www.alexandrina.sa.gov.au/discover/latest-news/coronavirus-covid-19>
 - o District Council of Yankalilla: <https://www.yankalilla.sa.gov.au/contact/contact-and-announcements/staying-connected>
 - o Kangaroo Island Council: <https://www.kangarooisland.sa.gov.au/notice-board/covid-19>

- **Sexual Health and Diversity Project:** This project funded by Country SA PHN is being facilitated by Lud Allen from Sexual Health Counselling and Education. It provides an opportunity for people aged over 60 years to discuss sexuality and relationships. The project is temporarily on hold and being reviewed, Lud will advise about new directions of the project once confirmed. For further information about this project please contact Lud on 0422 459 660.

- **My Aged Care Support Program:** COTA SA facilitates this service which provides practical one-to-one peer support for older people and their family, to help understand and navigate the My Aged Care gateway. Free and independent assistance is available over the phone with a Fleurieu Peninsula volunteer Peer Champion:
 - o Marilyn Henderson 0456 390 059
 - o Julianne Smithson 0476 179 609An older person living anywhere in the Fleurieu Peninsula can contact either of the Champions above for help.
For further information or support, please contact COTA SA Country free call 1800 182 324 or Helen Morley, Aged Care Specialist Support Worker, on hmorley@cotasa.org.au or 0484 143 772 or visit <https://www.cotasa.org.au/programs/my-aged-care-support.aspx>



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- **Update from Southern Volunteering:** Mel White, Executive Officer, will be presenting at our August network meeting.

- **Adult Safeguarding Unit update:** Amy Bruce, Adult Safeguarding Practitioner, will be presenting an update at our October network meeting.

PLEASE NOTE: our August Taskforce network meeting will be held on Tuesday 11 August, via ZOOM, commencing 12.00 noon. Link in details will be distributed via email.

Michelle Fuller | Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce
29 July, 2020