

# SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

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Minutes of the Southern Fleurieu Positive Ageing Taskforce meeting  
Held in the Council Chambers, City of Victor Harbor on  
**8 August 2017 12-2pm**

The meeting commenced at 12.10 pm

## 1 PRESENT

Belinda Seymour	Estia Health – Encounter Bay
Chelsea Hastings	ECH - OT
Carolyn Pratt	Country Health Connect - Southern Fleurieu Health Service
Corrie Burnside	Home Instead Senior Care
Deb Gregory	Alexandrina Council – Community Connect
Elizabeth Kennedy	Country SA Primary Health Network
Gary Crook	Yankalilla Council – Transport Coordinator
Helen Deguet	Caring Neighbourhood Program
Jan Atkinson	Home Instead Senior Care
Joan Martin	Resthaven – Community Care
Jo Daniels (minutes)	CNP - Program Support
Johanna Milbank (chair)	Regional Development Australia, Hills Fleurieu & KI
Joyanne Mirra	ACH Group
Liz Cleland	Country Health Connect – Railway Cottage
Lynda McCarty	Royal Society for the Blind (RSB)
Mark Oliphant	City of Victor Harbor
Michele Pearce	YNA – RN
Michelle Fuller	Project Officer, Positive Ageing Taskforce
Sophie Green	Carers SA – CSW Southern Fleurieu
Sue Tucker	Carers SA – SF & KI Team Leader
Suzanne Mann	Country Sa Primary Health Network
<b>Linked in via phone from KI:</b>	
Marjo Smith	Kangaroo Island Health Service
<b>Guest Speaker:</b>	
Vanessa Leane	Uni SA PhD in Psychology– Wellbeing Researcher/Practitioner

## 2 APOLOGIES

Beth Moore	Alexandrina Council
Christine Morris	ECH
Estelle Woods	Country Health SA – BHFR South Coast
Esther Fluri	Southern Cross Community Care
Gwyn Elson	ACH Group
Jan McKay	COTA SA
Janice Moon	Barossa Hills Fleurieu Rural Region - CHSA
Jenna Argent	ECH – Hub Manager
Jo Wilkin	TAFE SA – Coordinating Lecturer
Kathryn Quintel	Alzheimer's Australia SA
Kerry Mart	ACH Group
Lynn Openshaw	Resthaven
Melissa Gawne	Regional Assessment Service – Aged Care Alternatives
Michelle Dugmore	Calvary Community Care
Nigel Jefford	Kangaroo Island Health Service
Rajiv Chand	Alzheimers Australia SA
Sue Maxwell	Country Health Connect – Community Care
Terry Mangelsdorf	Carers SA - CRCC
Tim Hutchinson	TAFE SA – Regional Manager
Valerie Sandlant	James Brown Memorial Trust

## 3 Acknowledgement of Country – Johanna Milbank

Johanna Milbank opened the meeting and welcomed everyone. Marjo Smith from Kangaroo Island Health Service linked in to meeting via phone link-up.

### 4 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented. Welcome to Vanessa Leane, University of SA PhD in Psychology – Wellbeing Researcher/Practitioner, who will be presenting today.

### 5 MINUTES OF PREVIOUS MEETING – 13 June 2017

Minutes of the previous meeting held on 13 June were confirmed as true and correct. *Liz Cleland confirmed and Michele Pearce seconded that the minutes of the last meeting were true and correct.*

*Please note that the meeting agenda was condensed in comparison to our usual agenda template to allow more time for the guest presentation and for collecting feedback towards our regional submission in response to the Integrated Care at Home Discussion Paper.*

### 6 GUEST PRESENTATION: Vanessa Leane – Meaningful Profiling and Wellbeing

Vanessa Leane presented about the work she has undertaken as part of her PhD. Vanessa has a passion to transform research into practice through social innovation and is currently completing her doctorate in Psychology at the University of South Australia – the topic of her thesis is 'How can older people flourish in challenging and constrained circumstances?' Vanessa spoke about the importance of strength-based inquiry, and matching activities with client strengths to facilitate empowerment and wellbeing. A copy of Vanessa's powerpoint presentation will be distributed once available.

### 7 WORKFORCE DEVELOPMENT & TRAINING

#### 7.1 Multicultural Aged Care – Cultural Awareness Seminar

Discussion about the enquiry from Multicultural Aged Care to deliver Cultural Awareness training in Victor Harbor, including cost and timing of suggested by Multicultural Aged Care. Members thought the proposed cost of \$88 for the three hour session was excessive, considering that the Taskforce was supporting the training by sourcing a venue and had been requested to sponsor the catering. Members stated they would also prefer a daytime training session rather than an evening session. Michelle to feedback to Multicultural Aged Care.

### 8 ISSUES FOR STRATEGY AND PLANNING

#### 8.1 Commonwealth Department of Health - Integrated Care at Home Program Discussion Paper

A copy of the Discussion Paper was distributed to Taskforce members via email on 19 July and also on 1 August prior to our network meeting so members could review the paper and consider their feedback. Some organisations are providing their own submissions direct to the Department. Members discussed several of the proposed questions in the Discussion Paper and feedback was recorded to be included in a regional submission which will be compiled and submitted by the SFKI Positive Ageing Taskforce. Discussion focused on the need for accessible and reliable local support for older people to access and navigate the My Aged Care system, effective and efficient holistic assessment versus the current 'functional assessment', impact on carers, individualised and block funding models in relation to social support and community transport services, as well as other general discussion about the system. Michelle will also send out a request for Taskforce members to provide additional feedback to be included in our regional submission.

### 9 ROUND ROBIN

#### Elizabeth Kennedy (Country SA Primary Health Network):

- Decision Assist workshops on Advanced Care Directives was held at Victor Harbor Golf Club on Tuesday 25<sup>th</sup> July. Dr Rob Thornton attended. Valuable feedback from session. Mike McCrae and John Woite also attended.
- Current after-hours funding via Tenderlink from CSAPHN focuses attention on HEAL (Healthy, eating and Lifestyle) programs. Proposals will cover unhealthy eating and the insufficient physical activity with primary aim of encouraging healthy lifestyle choices. We hope to have an update on successful tender soon.
- COTA (Council on the Ageing) Have been commissioned to support My Aged Care support:
  - o Develop peer education training session material
  - o Recruit and train volunteers as Aged Care Peer Champions
  - o Develop relationships with key stakeholders
  - o Promote the program in 3 key areas (Kadina, Victor Harbor and Murray Bridge)
  - o Provide telephone and face to face support
  - o Currently in planning phase of project

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**Liz Cleland (Country Health Connect):** Royal Adelaide Hospital ramp down is starting next week and 70 beds will be available across The Barossa, Hills, Fleurieu Region and Murray Bridge. Hospital ACAT assessments for residential care (including respite) and TCPs will be the priority during the time of the ramp down.

**Mark Oliphant (City of Victor Harbor):** Mark encouraged all members to support promotion of the Regional SA Health Needs Survey. To date only around 300 surveys have been completed for our area, if a higher number of surveys are completed then the researchers can extrapolate regional data identifying trends. Please encourage your contacts to complete the survey. Information and link to the survey have been distributed via email to Taskforce members.

**Johanna Milbank (RDA Hills Fleurieu and KI):** The Tapping the Demographic dividend project has been funded by PIRSA for its third and final year. Initiatives underway for 2017-18 are:

- *NO One Need Eat Alone Tonight (NooN EAT) project* looking at social eating programs in the Fleurieu. Current programs will be examined, what's working well, what's not, are there any gaps and is demand being met considering the further 5% increase in the 65+ population over the Fleurieu region. The project will work with stakeholders to examine these issues and opportunities, come up with collaborative solutions and test three different models.
- *Inclusive Tourism Workshop* delivered by Push Adventures on 1<sup>st</sup> August 2017 had 13 people attend from across State Government and tourism operators to learn about accessibility for older people and people with disabilities. Push Adventures will also undertake 10 Business reviews across the region in 2017. Two have so far been completed.
- *Aged Care Tourism* – see media release Accommodating with Care (distributed to members via email)
- *Make it Intergenerational Project* with Alexandrina Community Hub has commenced with commencement of a new project officer and development of promotional material. The project will engage young people in videoing the stories of our seniors for presentation at Zestfest (previously Every Generation Festival) on October 27<sup>th</sup>.
- *Skilled Volunteering and Mentoring project* with Southern Volunteering will commence shortly to provide better systems to match skilled volunteers with skilled volunteering roles. An important element is enabling our community organisations to better identify skilled roles. Southern Volunteering will be working with TAFESA to deliver training for both volunteers and volunteer organisations.

**Tim Hutchinson (TAFE SA):** Information and an Expression of Interest Form has been distributed via email about the new range of Aged Care and Disability Services Short Courses now available through TAFE SA. These have been developed in collaboration with the industry and are targeted at existing workers within the industry to provide personal and professional development. TAFE SA is seeking to work closely with, and in response to the needs of local Aged Care and Disability Service providers in the region; bringing training TO the region is part of this effort. If enough interest can be gained from the sector in the region, these courses can be delivered locally (at Victor Harbor TAFE in the Fleurieu or Mt Barker TAFE in the Adelaide Hills). A minimum of 12 participants are required in order to for the courses to run – participants can be drawn from multiple organisations. For further information please contact [tim.hutchinson@tafesa.edu.au](mailto:tim.hutchinson@tafesa.edu.au) If you have any queries regarding specific content of the training, please contact – [IndividualClientSupport@tafesa.edu.au](mailto:IndividualClientSupport@tafesa.edu.au)

**Meeting was closed at 2.05 pm**

### **NEXT MEETING:**

Tuesday 10 October 2017 at 11.50 am for 12 noon start, City of Victor Harbor Council Chambers.  
Guest presenter: Dr Matthew Leach, UniSA Department of Rural Health