

# Flourishing on the Fleurieu

Celebrating active ageing and showcasing what our local communities have to offer.



17 - 30 April 2021

The Festival is an initiative of the Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce, in partnership with local community groups. It is hosted every two years and aims to promote wellbeing and facilitate social connection for seniors.

Vibrant communities are connected communities, however with the impact of COVID-19, many social and community activities have been affected - limiting our opportunities to connect with each other. Now more than ever we need to encourage opportunities for seniors to feel part of our local communities and explore the vast range of interesting activities on offer.

The Festival was a chance for seniors to try something new, reignite a forgotten passion, or simply explore the possibilities in our local communities.

A big thank you to all the community groups who participated in this year's Flourishing on the Fleurieu Festival.

[www.victor.sa.gov.au/flourishing](http://www.victor.sa.gov.au/flourishing)

*"This event exceeded our expectations and has been a catalyst for many new ideas and groups to explore."*

Langhorne Creek Hub

*"It was a wonderful way of showcasing the community garden... We have inducted four visitors as new members today. The members worked well together and enjoyed promoting the garden."*

Openlight Community Garden



Health & Wellbeing



Social Connection

## Community Participation

15 community groups participated by hosting events/activities during the Festival.



15

community groups



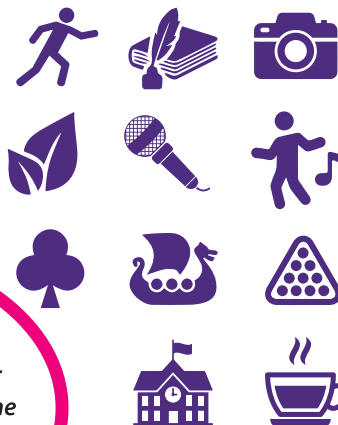
Kangaroo Island explained they did not have community capacity to participate this time due to community energy depleted as a result of bushfire recovery efforts and impact of COVID-19.

## Activities & Events



20 diverse activities & events held during the Festival.

(7 of these were held on more than one date, bringing total number of activities/events held throughout the Festival to 28)



## Attendance & Engagement



498\* people attended Festival events/activities.  
(\*including 40 people who viewed the photographic exhibition where the following data was not able to be ascertained)

236

236 (52%) people were "new" to the group/activity.



37% (88) of these new people indicated they would like to attend the group again.

*"Good support from existing members of the community. Great weather for all to enjoy a beautiful day on the Murray... Thank you for the opportunity to participate."*

Coorong Dragons