

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

Minutes of the Southern Fleurieu Positive Ageing Taskforce meeting
Held in the Council Chambers, City of Victor Harbor on
14 August 2018 12-2pm

The meeting commenced at 12.05 pm

1 PRESENT

Betty Hurrell	ECH
Brittannie Millowick	Australian Hearing
Deb Gregory	Alexandrina Council – Community Connect
Elizabeth Kennedy	Country SA Primary Health Network
Emma Martin	Australian Hearing
Gary Crook	Yankalilla Council – Transport Coordinator
Helen Deguet	Caring Neighbourhood Program
Helen Liveri	Five Good Friends
Jan Brown (for Pauline Kearns)	YNA
Jo Daniels (minutes)	CNP - Program Support
Kerry Mart	ACH Group
Liz Cleland	Country Health Connect – Railway Cottage
Lynda McCarty	Royal Society for the Blind
Michelle Dugmore (Chair)	My Care Solution
Michelle Fuller	Project Officer, Positive Ageing Taskforce
Rebecca Perry	Five Good Friends
Sarah Harding	Junction Australia
Terry Mangelsdorf	Carers SA - CRCC
Tim Hutchinson	TAFE SA
Wendy Oliver	Estia Health
Wendy Pearce	ECH
Guest presenter:	
Doris Gioffre	ARAS – Aged Rights Advocacy Service

2 APOLOGIES

Gwyn Elson	ACH Group
Jill Bond	Dementia Australia SA
Jo Wilkin	TAFE SA
Joan Martin	Resthaven – Community Care
Leanne Sanders	Kalyra Communities
Mark Oliphant	City of Victor Harbor
Monica Cations	Flinders University
Sophie Green	Carers SA – CSW Southern Fleurieu
Sue Tucker	Carers SA – Team Leader Southern Fleurieu & KI

3 Acknowledgement of Country – Michelle Fuller

Michelle opened the meeting, Acknowledgement of Country and welcomed everyone.

4 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented, special welcome to guest presenters Doris Gioffre from ARAS – Aged Rights Advocacy Service, and Brittanie and Emma from Australian Hearing.

5 TASKFORCE CHAIRPERSON & DEPUTY CHAIR

Michelle Dugmore from My Care Solution was nominated for role of Chairperson, and has accepted the position. Liz Cleland nominated for role of Deputy Chair, accepted. We welcome both Michelle and Liz to these roles and express our appreciation for their input.

6 MINUTES OF PREVIOUS MEETING – 12 June 2018

Minutes of the previous meeting held on 12 June were confirmed as true and correct.

Moved by Deb Gregory, seconded Brittannie Millowick.

All members confirmed that the minutes of the last meeting were true and correct.

7 GUEST PRESENTATION 1 – ARAS Elder Abuse Prevention

Doris Gioffre, from Aged Rights Advocacy Service, facilitated a presentation about Elder Abuse Prevention, providing some sobering statistics about elder abuse and relevant information and resources available to assist in preventing and responding to elder abuse. A definition adopted by the Australian Network for the Prevention of Elder Abuse specifies that Elder Abuse is: *“any act occurring within a relationship where there is an implication of trust, which results in harm to an older person. Abuse may be physical, sexual, financial, psychological, social and/or neglect.”* SA Elder Abuse Prevention Phone Line 1800 372 310 <http://www.sa.agedrights.asn.au/>

Stop Elder Abuse campaign – link for resources:

<http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+topics/health+conditions+prevention+and+treatment/stop+elder+abuse>

GUEST PRESENTATION 2 – Australian Hearing

Brittanie Millowick and Emma Martin provided information about services offered by Australian Hearing. Australian Hearing is the government provider of hearing services, and are keen to network with other service providers in the field of aged care to empower those in the aged community. Many different services are provided to hearing impaired people and can assist all Australians, but to be eligible as an adult for the government assistance you must either be on a pension – (this could be ‘aged’ or ‘disability’), or identify as Aboriginal or Torres Strait Islander and be over the age of 50. As the government provider of hearing services, Australian Hearing have greater scope to access funding for hearing impaired adults that have additional communication difficulties, most commonly this includes things like vision loss and dementia. There is a dramatic increase in funding and the training of the Audiologist that works with them. Please feel free to get in touch with any ear, hearing or communication related questions (for any age).

Contact details:

Brittannie Millowick BApSc, Maud, Manager Brittannie.millowick@hearing.com.au

Emma Martin BNurs, Maud, Audiologist Emma-Lee.Martin@hearing.com.au

8 FLOURISHING ON THE FLEURIEU**8.1 Festival 2018**

The Festival is fast approaching and it has been a very busy time liaising with the 43 community groups and organisations who are participating by hosting activities and events. The Program is currently being finalised. The week-long Festival, which is being held during Active Ageing Week 23-29 September 2018, will showcase over 100 activities across the region for older people. The emphasis for this year’s Flourishing on the Fleurieu Festival is ‘exploring the possibilities’ for getting involved in your local community aimed at connecting people with local communities and trying to reach those more isolated within communities. 2000 Festival Programs and 500 booklets (which include the Program and an info summary for each participating group) will be printed and distributed within local communities. Print media and radio promotion will occur in the lead up to the Festival, along with social media promotion. Visit www.victor.sa.gov.au/flourishing for more information and to download the Festival Program and promotional documents. Feedback will be collected from participating groups following the Festival.

9 DEMENTIA FRIENDLY COMMUNITITES**9.1 CADDY Project**

The CADDY Project is now well underway. The evaluation framework and Program Logic has been developed by the research team Jeff Fuller and Liz Cleland, in consultation with the project team. Mid-project feedback from Community Connect and Caring Neighbourhood Program staff has been collected. As of 30 July, 7 volunteer caddies and 7 clients have been recruited to participate in the project, 6 clients have been matched with a caddy, with a total of 25 interactions thus far with an average frequency of 2 hours/week for each client. General feedback from caddies and clients at this stage has been positive, and program staff have already reported some key learnings. Some additional training for caddies and volunteers from the two participating social support programs will be held on 28 August focusing on principles of empowerment and enabling strategies. Program staff will be meeting with the researchers on 4 September to discuss the final evaluation process. For further information about the project, contact Michelle mfuller@victor.sa.gov.au Michelle and Helen will be doing a pitch presentation about the Caddy Project at the SA Collaborative Projects’ Wellness and Reablement event on 31 August 2018.

10 WORKFORCE DEVELOPMENT & TRAINING

10.1 Wellness and Reablement Putting into Practice state event – 31 August 2018

The SA Collaborative Projects are hosting this hands-on day promising practical outcomes on Friday 31 August 2018 9am – 4pm at Sunnybrae Estate – this free event booked out very early and will include World Café, Pitch Sessions, Actor Role Plays, Best Practice examples, Problem Solving 'Goals'. This event is subsidised by the Collaborative Projects and sponsored by Country SA PHN and Adelaide PHN. Information from the event will be collated and shared, and the Actor Role Plays will be filmed with the aim of creating a professional development resource.

10.2 ARAS Community Care presentation – at next Taskforce network meeting 9 October 2018.

11 KANGAROO ISLAND

11.1 Update (not available)

12 ISSUES FOR STRATEGY AND PLANNING

Reminder that key DoH web links are included in Michelle's two monthly Project Officer Report providing links to useful information and resources.

12.1 Department of Health – updates: please refer to the August Project Officer Report for a summary of the following updates

- **Reminder – please use 'My Aged Care' not 'MAC'**
- **Publishing home care package pricing information**
- **New unspent funds factsheet**
- **Transition to the new Aged Care Quality Standards**
- **Updated consumer booklet – Steps to enter an aged care home**

13 STATE/COMMONWEALTH UPDATES

13.1 Country Health Update – no update to present.

13.2 Country SA Primary Health Network update (Elizabeth Kennedy)

- *Pathways to Care, Advanced Care Directives & Breaking the Cycle*
 - Yankalilla Community Church Tuesday September 4th 2018
 - Strathalbyn Community Centre Thursday October 18th 2018
- *HEAL (Healthy eating and Lifestyle) programs 18+ years.* Summit Health have the tender to deliver this program.
Two hour group session each week for 8 weeks including one hour of gentle exercise and one hour of lifestyle education.
One on one health consultations at the start of the program, after 8 weeks of classes and 5 & 12 months after starting program
 - Mt Barker – Summit Health
 - Stirling – Stirling Hospital
 - Mannum – Leisure Centre
 - Murray Bridge – Town Hall
 - Strathalbyn – High Street Health
 - Victor Harbor – Exercise Physiology South
 - KI – Exercise Physiology South
 - Going ahead, week of Oct 16th (sourcing a venue, flyers available soon)
 - KI Medical Clinic are keen to refer patients into the program
- *COTA (Council on the Ageing) support My Aged Care access with information*
 - Marilyn will be based at Victor Harbor Library on Mondays from 10:00 – 12:30 each week
 - Strathalbyn - Tim Hobbs will assist with telephone support and face to face assistance in the area Mobile: 0456 390 061
 - Subject to CSAPHN annual work plan approval COTA will continue project and include Yankalilla service
- *My Health Record* digital health officers have been delivering multiple community sessions providing information on the 'opt out' period and responding to community concerns/queries.

14 ROUND ROBIN**Deb Gregory – Community Connect:**

Community Connect has received a small grant from PHN and is working in collaboration with Fleurieu Families to produce a short film detailing the experiences of Grandparents who are care providers to their grandchildren. Those grandparents who were reluctant to appear on camera have had their story recorded, transcribed and will have actors tell their story. The film launch will be on National Grandparent day Sunday October 28th @ Community Hub 1 Loveday Street, Goolwa at a time to be arranged. Bookings will be essential. For further information contact Community Connect staff 85557230

Carol Tutchener – CARERS & disABILITY Link:

Jacqui Briers will be the new Carer Support Coordinator for Carers & disAbility Link, Adelaide Hills & Fleurieu, as Carol Tutchener is retiring on 21.06.18 for health reasons. Please forward all future correspondence to Jacqui. Even though we are unable to attend most of the regular Taskforce meetings due to it being the same day as our monthly all staff meetings, please continue to email the Agendas and Minutes, and we will continue to attend other events and Taskforce meetings when possible, and pass on relevant information to our Carers. Jacqui's contact details are as follows:

[E: jacquib@cadl.support](mailto:jacquib@cadl.support) Available: Monday at Woodside, Tuesday to Thursday at Strathalbyn, Phone: 08 8389 7383 (Woodside), 08 8549 1299 (Strathalbyn) Fax: 08 8389 7437

Rebecca Perry – Five Good Friends:

Five Good Friends provides in-home care and support services, ranging from companionship to personal care and the provision of allied health services. We can support people of all ages. We are an Approved Provider of Home Care Packages and are also able to support NDIS Participants who are self- or plan-managed and also those who wish to access services privately. Our Members enjoy a high level of control over the type of person that is providing their in-home support services. We do this by undertaking a highly tailored selection process that ensures our Members are matched to Helpers that are rigorously vetted, highly skilled and also meet specific selection criteria determined by the Member. Members can be assured that they will have control of who is coming to their home and when. Our business and service delivery model allow us to pass on at least 70% of the Home Care Package value to our Members, meaning they can access more hours of care. We also give Members and their loved ones access to technology that can help keep them engaged with the care and support that is being provided in the home. We are a national company and launched in SA in late 2017 and look forward to supporting more individuals and families living on the Southern Fleurieu.

Terry Mangelsdorf - Carers SA: Commonwealth Respite & Carelink Centre:

Carers SA, CRCC funding confirmed under some funding lines through until the end of the 19/20 financial year. Funding is reducing, moving from CRCC to NDIS/NDIA from Severe & Profound funding, Mental Health funding & Young Carer Funding. Carers SA is attempting to absorb these reductions in operational areas to minimise the impact on respite dollars available to support clients.

CRCC has not experienced a reduction of the requests for respite from clients who are engaged with NDIS. Respite for the carer is not included in the planning by NDIS and there are gaps, CRCC strongly encourages new & existing clients to recontact NDIS or reevaluate with their planner as a matter of urgency, and to be firm in their negotiations to ensure their need is met.

CRCC encourages any clients who are eligible for funding from NDIS to make contact and commence the process ASAP. With the introduction of the Integrated Carer Support, late 2019, CRCC cannot guarantee emergency, short term funding to support requests. This function will be provided by the winner of the tender, which is not yet clear around how this will be progressed. NDIS must become the financial provider for eligible clients. Clients with Mental Health diagnosis are also being assessed by NDIS, CRCC encourages any clients with these disabilities to progress their NDIS contact ASAP.

The Community Home Support Program Flexible Respite (CHSPFR) In-home Day/Night funding is available for respite support if the client has exhausted their HSP funding or have been assessed as eligible for HSP but none available, also to top up funding if waiting for a larger package to become available.

CHSP Cottage funding is no longer supported by CRCC. Cottage providers will need to waiver the client contribution if the client cannot self-fund. The Department has advised that all cottage providers have this written into their agreements, here again CRCC strongly recommends that clients readdress their plans to include this respite support.

Carers SA continues to be involved in responding to the Department about the proposed Integrated Carer Support model, with the view to being the preferred tender applicant.

Carers SA / CRCC has completed a successful ASES Audit.

CRCC strongly encourages eligible clients to link through My Aged Care for appropriate services & supports and if already receiving support to review those supports for any required upgrade.

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CRCC welcomes contact and referral from any provider, organisation or family carer to assist carers to be able to continue with their caring role, by providing respite assistance as required in an emergency or short term occasional capacity. CRCC staff can plan with both carer & care recipient, the most suitable way of meeting their respite need. CRCC has funding for GH&A, Disability, Mental Health, Severe & Profound, CHSPFR & Young Carer programs. Contact phone 1800 052222.

15 NEW AND EMERGING ISSUES / OPPORTUNITIES

N/A

Meeting was closed at 2.05pm

NEXT MEETING:

Tuesday 9 October August 2018 at 11.45 am for 12 noon start, City of Victor Harbor Council Chambers.
Guest presenter: Deborah Bolt from ARAS – Community Care, and Jacquie Horton from Southern Volunteering.