

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

Minutes of the Southern Fleurieu & Kangaroo Island Positive Ageing Taskforce meeting
Hosted at City of Victor Harbor Council Chambers, with option of linking in online via Zoom
Tuesday 13 April 2021 12.00 – 2.00pm

The meeting formally commenced at 12.10 pm

1 PRESENT

Ambre Johnson (via Zoom)	Estia Health
Carol Schutz	Southern Cross Care
Helen Deguet	City of Victor Harbor - Caring Neighbourhood Program
Irene Daniels (via Zoom)	Department of Health
Jo Daniels (notes for minutes)	City of Victor Harbor - Caring Neighbourhood Program
Kym Perry	RAS – Aged Care Alternatives
Lynne Arbon (via Zoom)	Southern Volunteering SA
Michelle Brunton	DSS – BLCW Program
Michelle Fuller (chair)	Project Officer, Positive Ageing Taskforce
Roy Inglis (via Zoom)	Department of Health – HERN Unit
Sara Manser (via Zoom)	Country SA PHN
Sherrill Bickmore	St Louis on Sea
Victoria Cornell	ECH
Visiting:	
Gill McFadyen	Highwire Group
Bronwyn Webster	Highwire Group
Valerie Lillington (until 12.30pm)	

2 APOLOGIES

Deb Gregory	Alexandrina Council – Community Connect
Leann Symonds	City of Victor Harbor
Marilyn Henderson	COTA SA Peer Champion & elected member City of Victor Harbor
Mary-anne Woodman	SCOTS - Southern Communities Transport Scheme
Meagan Wittchen	Goolwa Medical Centre
Ravneet Singh	Country Health Connect
Rob Crouch	Dementia Australia

3 Acknowledgement of Country – Michelle Fuller

Michelle opened the meeting, facilitated a reflective Acknowledgement of Country and welcomed everyone.

4 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented. A warm welcome to special guests attending today Valerie Lillington (community member), Bronwyn Webster and Gill McFadyen from Highwire Group; and also to Roy Inglis and Irene Daniels from Department of Health.

Special Presentation by Valerie Lillington

Valerie contacted the Taskforce as she wanted to share an idea she would like to bring to fruition. Valerie is in her 80s and lives in Victor Harbor, Valerie would like to see an 'awards' program implemented for older residents of Victor Harbor, loosely based on the Duke of Edinburgh awards, to support mental health and wellbeing and encourage participation by seniors and elders in our community. A copy of Valerie's presentation will be emailed to Taskforce members separately. Valerie is very interested in feedback and comments about her idea, and welcomes anyone wishing to discuss further to make contact via email valerie5@tpg.com.au

5 MINUTES OF PREVIOUS MEETING – 9 February 2021

Minutes of the previous meeting held on 9 February 2021 were confirmed as true and correct.

Moved by Jo Daniels, seconded by Victoria Cornell.

All members confirmed that the minutes of the last meeting were true and correct.

6 CHAIRPERSON

6.1 Nominations for role of Chairperson

Unfortunately, the tentative expression of interest received in February for this role was withdrawn due to competing priorities. Further call for nominations at today's meeting, however no further interest at this stage. Any members interested to find out more about this role are encouraged to contact Michelle on 8551 0571 or email mfuller@victor.sa.gov.au

Action: Michelle to send another email to all Taskforce members encouraging them to consider nominating for role of Chairperson.

6.2 Nominations for role of Deputy Chair

We extend our grateful thanks to Dr Victoria Cornell for nominating for the role of Deputy Chair. Members present at the meeting accepted this nomination. Victoria will act in role of Chairperson, until we are able to fill that role.

7 Regional Assessment Service (RAS) update (Kym Perry)

Kym introduced herself as the Team Leader for Aged Care Alternatives – Regional Assessment Service. Their role is to assess clients in their home for eligibility for aged care supports, and also to give them information and encouragement to achieve better health outcomes and quality of life. Some challenges faced by assessors have been lack of services for a lot of support services, either due to providers being at capacity due to funding or lack of staffing for some areas. Staff are giving out information regarding non funded supports and organisations, utilising alternate funding such as RIBS or MRU programs to assist clients, and there is a process to send referral code letters to clients that can use these to access supports if they become available.

Contact Kym Perry, RAS Team Leader, Aged Care Alternatives
Kym.Perry@agedcarealternatives.net.au

8 ISSUES FOR STRATEGY AND PLANNING

8.1 COVID-19 Response

- The Government of SA COVID-19 Response updates, and information about creating a COVID-Safe Plan and/or COVID Management Plan, can be located here <https://www.covid-19.sa.gov.au/recovery>
- Michelle is continuing to distribute the Department of Health Protecting Older Australians COVID-19 Updates newsletter, and the SA Health COVID-19 Updates, via the Taskforce email DL.
- The Department of Health has produced an infographic summary of COVID-19 stats nationally, and comparative state data. The infographic is updated every afternoon based on the data received from states and territories, and can be found here: <https://www.health.gov.au/resources/collections/coronavirus-covid-19-at-a-glance-infographic-collection>
- For further information about COVID-19 advice for the health and disability sector visit <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-advice-for-the-health-and-disability-sector>
- COVID-19 vaccination roll-out: Guided by the Australian national rollout strategy, SA Health has released the South Australian COVID-19 vaccination rollout strategy: <https://www.sahealth.sa.gov.au/wps/wcm/connect/19cd6665-a93e-4e10-b199-10e4957341d6/321022.7+COVID+Vaccine-rollout-A4+poster-22Mar+%283%29.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-19cd6665-a93e-4e10-b199-10e4957341d6-nxn-vtu>

8.2 CHSP Manual Update, including First Aid Training requirements

The CHSP Manual update has now been released. A copy of the revised Manual is available here: <https://www.health.gov.au/resources/publications/commonwealth-home-support-programme-chsp-manual> Information on the updated CHSP Program Manual 2020-2022 and first aid training requirements was emailed to Taskforce members on 31 March.

8.3 CHSP Home Maintenance Services and Domestic Services

Roy has invited members wishing to contribute further feedback regarding the high demand and/or lack of availability for these service types in our region or any other gaps, to contact him via Roy Inglis, Australian Government Department of Health, Health Engagement Representation Network SA/NT Engagement.SA@health.gov.au

8.4 Royal Commission – Final Report

The Final Report of the Royal Commission into Aged Care has been released. The Final Report is long and complex with over five Volumes and includes 148 wide-ranging recommendations for the fundamental reform of the aged care system. The Final Report can be accessed here:

<https://agedcare.royalcommission.gov.au/publications/final-report>

The Minister for Health, Greg Hunt, stated the Government's comprehensive response to the Final Report will be driven by the principle of respect and care through the lens of five broad pillars:

1. Home Care: supporting older Australians who choose to access Home Care
2. Residential aged care quality and safety: quality and safety in residential aged care delivers dignity alongside care
3. Residential aged care services and sustainability: investing to drive improvements in residential aged care services and sustainability
4. Workforce: growing a passionate and skilled aged care workforce
5. Governance: oversight, standards and accountability – a new era

The Government is also committed to replacing the Aged Care Act 1997 with a new Aged Care Act. The Government announced some immediate measures on 1 March, as a starting point for further reform. Careful consideration will be given to the Royal Commission report and the Government is expected to outline further measures with the release of the Budget in May.

ACSA has hosted some forums to present the findings of the Royal Commission Final Report. Derek Dittrich, Senior Manager Strategic Policy, CHSP Presentation slides from 31 March were shared via the Taskforce email DL on 6 April.

We will be partnering with the Hills Positive Ageing Taskforce and the Riverland Mallee Coorong Taskforce to host a regional forum, most likely at a venue in the Hills, in early June following the Budget announcements to look more closely at the Royal Commission recommendations and the Government's response. It is anticipated that Derek Dittrich and Rebekha Sharkie (MP) will present at this regional forum.

9 COMMONWEALTH / STATE UPDATES

9.1 Department of Health Updates

Aged care content is located at <https://www.health.gov.au/health-topics/aged-care> This content is primarily directed at providers, assessors, and peak groups; while [My Aged Care](#) remains the primary source of information for consumers.

Key DoH web links, providing links to useful information and resources, are available on the online flourishing webpage for easy access www.victor.sa.gov.au/flourishing check out the 'Resources and Training' section.

Please refer to the Project Officer Report for April 2021 (*distributed to Taskforce members via email with Agenda on 6 April 2021*) for more detailed information on the following updates:

- **Update Royal Commission into Aged Care Quality and Safety:** Further information about the Royal Commission is available here: <https://agedcare.royalcommission.gov.au/>
Also refer to item 8.4 above.
- **COVID-19 Vaccination Resources:**
 - **Fact sheet:** [COVID-19 vaccination – COVID-19 vaccines: common questions](#)
 - **Infographic:** [COVID-19 vaccination – COVID-19 vaccine national rollout strategy](#)
 - **Infographic:** [COVID-19 vaccination – Who will be vaccinated under Phase 1b](#)
- **Extension of the COVID-19 support line:** The Older Persons COVID-19 Support Line 1800 171 866 will be extended until 30 June 2021. Open Monday to Friday between 8:30am to 6pm AEDT (excluding public holidays).
- **Reminder to providers on Aged Care specific training modules:** Providers are reminded to ensure aged care staff have completed the COVID-19 [infection control training](#).
- **New financial hardship assistance form:** A new [Aged Care Claim for financial hardship assistance form](#) is now available. Please direct customers to the new form on the [Services Australia website](#).
- **Home Care: CHSP Culturally and Linguistically Diverse Respite Services Grant Opportunity 2020-2022:** The department has now committed an additional \$19.34 million over two years to 40 organisations operating in 43 Aged Care Planning Regions. The additional funding for CHSP CALD respite services will be allocated to providers over the coming months.

- **Home Care Packages Program Data Report 2nd Quarter 2020-21:** The report is available from the [AIHW GEN aged care data website](#).
- **SIRS tile now available via the My Aged Care Provider Portal:** The department made the Serious Incident Response Scheme (SIRS) tile available on the My Aged Care Provider Portal on 29 March.
- **New resource: Top 10 questions for Forgotten Australians/Care Leavers to ask when looking for residential aged care:** This new [brochure](#) is designed to help Forgotten Australians/Care Leavers ask the right questions to determine that their needs are going to be met. It is important for aged care staff to be familiar with the questions in this brochure, as they may need to answer these questions in the future. For more information, including additional resources, visit the:
 - [Helping Hand Aged Care's website](#)
 - [department's website](#)
- **Diversity Training Series – upcoming free webinars:** The Centre for Cultural Diversity in Ageing will run eight new webinars as part of its 2021 Diversity Training Series. Register your interest for upcoming webinars on the [Centre for Cultural Diversity in Ageing website](#).
- **New campaign to boost employment in the aged care sector:** The Aged Care Workforce Industry Council recently launched a new campaign 'Bring your Thing' to encourage people to take up employment in the aged care sector. Aged care providers are encouraged to [share the campaign video](#) online with their networks.
- **CHSP Reablement Community of Practice:** The Reablement Community of Practice is now available as a tool for CHSP providers to learn, share and engage with other providers across the CHSP sector. It is ready for you to [join now](#). If you have any difficulties joining the online forum, email WellnessandReablement@health.gov.au

9.2 Country SA Primary Health Network update – Sara Manser

Ageing Well Community events happening in June this year

- Topic is importance of nutrition as we age
- Sprout cooking being funded to deliver sessions
 - Nutrition education
 - Cooking Demo by Callum Hann
- 3 sessions – Port Augusta, Woodside and Strathalbyn
- Will share Strathalbyn Flyer once finalised for promotion.

Mind Australia are being commissioned to provide Mental Health in-reach services into Residential Aged Care Facilities (RACFs)

- No GP referral required
- 1:1 with focused strategies by Mental Health Clinician
- For residents only
- Being delivered at:
 - Estia Health - Encounter Bay
 - Resthaven - Port Elliot
 - ACH Group Residential - Goolwa
 - Southern Cross Care - Sandpiper Lodge Goolwa
 - ACH Group Residential - Yankalilla Centre

COVID Vaccine rollout – playing a bigger role now

- Residential Aged Care Facilities and now GPs
- Healthdirect now have a COVID19 Vaccine Eligibility Checker tool
 - <https://covid-vaccine.healthdirect.gov.au/eligibility?lang=en>

Lud Allen – Sexual Health Sessions for Ageing

- Started back up with face-to-face sessions in Victor Harbor
- Was looking to run some sessions within RACFs.

COTA – Continuing with peer champions to help navigate My Aged Care system.

Better Together LGBTIQ Conference

- Being held on 18-19 June at Adelaide Convention Centre
- Country SA PHN has commissioned to facilitate an LGBTI health and wellness service design session to be held on the day before the conference.
 - Looking to discover the gaps and the enablers for LGBTQI people in rural South Australia and see if there is the opportunity for commissioning in this space.

Working on an Expression of Interest that will be coming out soon for

- Focus on Frailty and Prevention of Decline
- More information to come once released.

Currently commissioning Summit Health to support all Country SA RACFs with Telehealth capabilities

- Hope to help prevent hospitalisations of residents
- Telehealth functionality will form part of RACF accreditation standards

Contact Sara Manser, Country SA PHN Ageing Well Program Coordinator, for further information: smanser@countrysapnh.com.au

10 WORKFORCE DEVELOPMENT & TRAINING

10.1 Wellness & Reablement Training and Development Resource – training workshops: Six online workshops were co-hosted by Kay Stillwell from Better Practice Project and Michelle during February to March. The train-the-trainer style workshops provided an opportunity for participants to become familiar with this practical scenario-based resource so they can use it as a 'wellness and reablement' training/development tool to enhance the skills of their staff. There was a total of 20 participants over the six workshops, with all participants reporting they found the workshops relevant and informative, 95% stated they would use the learnings from this workshop in their own workplace setting, and 83% indicated they were interested in attending additional wellness and reablement in practice workshops. This free-to-access resource was developed by the SA Collaborative Projects in partnership with the Better Practice Project. Anyone wanting more information about the resource, please contact Michelle mfuller@victor.sa.gov.au

10.2 new online resource - Wellness & Reablement Website: The SA Collaborative Projects (CPOs) launched the new Wellness and Reablement website at the WELLx event in February. This is a new developing website aimed to assist the aged care sector to deliver wellness and reablement outcomes within the Commonwealth Home Support Programme. Check out this new website here: www.wellnessandreablement.com Promotional flyers, cards and pens were distributed at the meeting today. The SA CPOs are very interested in hearing your feedback and suggestions about the website, or if you have any content you have found useful that could be added to the website, following the screening process - contact admin@wellnessandreablement.com

11 FLOURISHING ON THE FLEURIEU

11.1 Festival 2021 - The Flourishing on the Fleurieu Festival, which was rescheduled due to the impact of COVID-19, is being hosted this month 17 to 30 April 2021. 15 community groups submitted applications to host 28 activities during the Festival period. While this will be a much smaller Festival than our last one, we are excited about supporting the community groups to promote what they have to offer seniors to help keep connected in their local communities. Activities and events will be held at various locations across the Fleurieu region and include gardening, researching family history, singing, dancing, and a range of sport and leisure activities such as dragon-boating and boxing. 2,000 copies of the Festival Program have been distributed, along with social media and print media promotion. Programs are available at each of the local council offices, as well as online. Further information can be found at www.victor.sa.gov.au/flourishing

12 DEMENTIA FRIENDLY COMMUNITITES

12.1 Dementia Friendly Communities (DFC) initiatives – We will be progressing the CADDY website and the Regional DFC Action Plan this year, as time permits. Some local community members who are interested in setting up a DFC Community Café have contacted us, Michelle and Helen will be meeting with them in May along with Liz Withall from Dementia Australia to discuss options.

13 KANGAROO ISLAND

13.1 Update – N/A

14 ROUND ROBIN

The following updates have been provided by Taskforce members for inclusion in the minutes.

Rob Crouch – Dementia Australia

Update from Dementia Australia Dementia Advisory service. Demand for this service continues to be high across the region with short wait times to access service. Immediate support can be accessed through the National Dementia Help line 1800 100 500.

Rob will be facilitating two small group programs at Victor aimed at supporting family carers caring for a person living with dementia in the community. Likely months are June and October. More info to be distributed via email.

Contact: Rob Crouch, Dementia Support Specialist, Dementia Australia, Rob.Crouch@dementia.org.au

Victoria Cornell – ECH

- ECH has launched new TV advertisements:
 - o Teams focuses on the relationship that ECH staff have with our clients and demonstrates how ECH staff put clients front and centre of everything they do.
 - o Dandelion focuses on a good life to the end, showing that to have a good life it is important to have a good death. With ECH, it is possible to have a good and respectful death at home if that is your choice. The commercial aims to raise awareness of how important it is to have conversations about death as well as to document plans and wishes to ensure these can be fulfilled.
- ECH will be consolidating our operations in Victor Harbor to the Torrens Street site.
- Last month, ECH held its '20+ Lunch' – a yearly celebration for ECH residents who have lived in an ECH unit for 20 years or more. This year approximately 70 residents attended the event including one resident who is now 100 years of age and has lived in her ECH unit 38 years.

Contact: Victoria Cornell, Housing Research Manager, ECH vcornell@ech.asn.au

15 NEW AND EMERGING ISSUES / OPPORTUNITIES

General discussion about City of Victor Harbor receiving increasing enquiries from seniors with lived experience about initiatives they would like to have supported. Many members expressed support of Valerie's 'award scheme idea' presented at the beginning of the meeting. Michelle has linked Valerie with COTA SA via an email to Jane Mussared, for her to contact the local COTA SA Advisory Committee. Suggestion of providing information to Valerie about the Fay Fuller Foundation Spark Grants <https://www.fayfullerfoundation.com.au/spark-grants/> to see if that is something she would like to explore, application would need to be auspiced by an organisation with DGR status, submissions close Friday 16 April.

Action: Michelle to provide information about the Spark Grants program to Valerie, and options of a relevant organisation/group to auspice application.

16 NEXT MEETING: Tuesday 8 June 2021, 12 noon – 2pm

Meeting was closed at 2.10 pm

SFKI Positive Ageing Taskforce Network 2021 meeting dates 12 noon – 2 pm
Tuesday 9 February
Tuesday 13 April
Tuesday 8 June
Tuesday 10 August
Tuesday 12 October
Tuesday 14 December