



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – August 2018

Here we are in August already... What an incredibly busy year it is!! We have gathered some mid-project feedback about the CADDY Project, which is showing some promising outcomes and key learnings at this stage. There has been significant interest from community groups and organisations across the Southern Fleurieu region to participate in this year's Flourishing on the Fleurieu Festival. The combined SA Collaborative Projects 'Putting into Practice: Wellness & Reablement' event scheduled for 31 August is shaping up to be a very interesting day of practical learning. Meanwhile day-to-day Taskforce activities are also keeping me very busy.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2018 Taskforce Membership

We are currently updating our member contact list, in preparation to redistribute to Taskforce network members. Thank you to those who have provided updated contact details, if any other members need to update contact details or no longer wish to be part of the Taskforce, please advise via email mfuller@victor.sa.gov.au

If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Taskforce Chairperson & Deputy Chair

We have received one nomination for the Chairperson role – Michelle Dugmore from My Care Solution has been nominated. We welcome Michelle back to the role, as she has served in this role previously from February 2015 to July 2016, and prior to that was Deputy Chair from August 2014 to February 2015. Corrie Burnside will now be stepping down from the Deputy Chair role, so we are seeking someone to fill this role. Please consider nominating for this role – the Deputy Chair is responsible for attending Taskforce Executive meetings every second month, in addition to the network meetings, and also for acting in the Chairperson role when the Chairperson is not available.

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – This year's Festival is fast approaching; scheduled as a week-long event during Active Ageing Week 23-29 September 2018. The aim of the 2018 Festival is encouraging community participation and 'exploring the possibilities' for getting involved in your local community, as a collective effort to address loneliness and social isolation. 27 community groups across the Southern Fleurieu and KI region have submitted a grant application to host an activity/event during the Festival week. Organisations and service providers will also be hosting self-funded activities/events during the Festival week. Flourishing on the Fleurieu Festival templates will be available via the flourishing webpage to help groups and organisations promote their Festival activity/event. A Festival Program featuring the activities scheduled across the region will also be compiled and distributed in the lead up to the Festival week. For more information visit www.victor.sa.gov.au/flourishing





Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

Dementia Friendly Communities

2. *Dementia Friendly Communities project:*

- a. *Dementia Alliance:* To date, we have not received much interest from community members, alternative means of involving people with lived experience of dementia in future dementia-friendly initiatives are being explored.
- b. *Online 'Trello' resource:* Please forward any information about local dementia-specific services or upcoming dementia information sessions/workshops so we can add to these to the electronic noticeboards. Please note, flyers and posters can also be uploaded. Information about local dementia services and support available in Southern Fleurieu region can be accessed via www.victor.sa.gov.au/flourishing
- c. *The CADDY initiative:* This initiative seeks to empower people living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected with the community. This trial project is supported by funding from Office for the Ageing via the Age Friendly SA grants. Project partners, Caring Neighbourhood Program and Community Connect Program, have been busy progressing implementation of the Project; including further recruitment of clients and volunteer caddies, developing and trialling wellbeing profiling and planning tools, and supporting caddy and client interactions. Some additional training and support for the caddies will be provided through several workshops/sessions being scheduled over the coming months provided by the Better Practice Project. The evaluation framework and Program Logic has been developed and refined by the research team, Jeff Fuller and Liz Cleland, in consultation with the project partners. A mid-project report is being prepared ready to submit to Office for the Ageing as part of our Age Friendly SA grant requirements. As of 30 July, 7 volunteer caddies and 7 clients have been recruited to participate in the project, 6 clients have already been matched with a caddy, a total of 25 interactions have occurred, with an average frequency of interaction of two hours/week for each client. General feedback from clients and caddies at this stage has been positive, and program staff have already reported some key learnings that have arisen. People living with memory loss who are interested in participating in this project are encouraged to contact My Aged Care to request referral, or contact Caring Neighbourhood Program (Victor Harbor) or Community Connect Program (Alexandrina) for registration details. Community members interested in volunteering for the caddy role can also find out more information by contacting either program. For general enquiries about the CADDY project please contact mfuller@victor.sa.gov.au or phone 8551 0571.

Workforce Development & Training

3. **SA Collaborative Projects state event – WELLNESS & REABLEMENT Putting into Practice:** Scheduled for Friday 31 August 2018, 9.00am – 4.00pm, at Sunnybrae Estate, 1 Naweena Rd, Regency Park; free to attend and promising to be a very hands on day with practical outcomes. It will feature Actor Role Plays and World Café interaction, as well as key note speakers and pitch presentations. The event is now booked out, with a waiting list.
4. **Better Practice Training Workshops:** For further training and professional development opportunities please visit:



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

<https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project>

Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.

5. **ARAS Information Sessions:** the following sessions are being facilitated by ARAS over the coming months:

Abuse Prevention (presented by Doris Gioffre)

- For service providers: 14 August 2018 12.15 - 12.45pm (included in Taskforce network meeting)
- For community members: 14 August 2018 1.30 – 2.15pm at Gospel Centre, George Main Rd, Victor Harbor

Community Care talk (presented by Deborah Bolt)

- For service providers: 9 October 2018 12.15 – 12.45pm (included in Taskforce network meeting)
- For community members: 9 October 2018 1.30 – 2.15pm at Gospel Centre, George Main Rd, Victor Harbor

Kangaroo Island

6. Update to be provided at our network meeting.

Ageing and Aged Care Communication from/to Department of Health

7. **Information about ageing and aged care** is available via:

- Department of Health website: <https://agedcare.health.gov.au/>
- Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
- Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
- Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
- Publications: <https://agedcare.health.gov.au/publications-and-articles>
- Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
- Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
- Aus Tender: <https://www.tenders.gov.au/>
- Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>

8. **Aged Care Roadmap:** future reform directions for aged care

https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf

9. **DoH updates:**

- **Reminder: please use 'My Aged Care' not 'MAC':** Providers and all stakeholders are encouraged not to refer to 'My Aged Care' as 'MAC' when talking to senior Australians and their families. This will help to minimise confusion with other organisations that have similar names and abbreviations. The Department appreciates your ongoing support on this matter.



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

- **Publishing home care package pricing information:** In response to consumer feedback, the department is working to improve the transparency and comparability of home care pricing information. Following a recent letter from the Minister for Aged Care, the Hon Ken Wyatt AM, MP, all home care providers are strongly encouraged to publish their existing pricing information through a PDF or website link on the My Aged Care Service Finder. A [Quick Reference Guide](#) is available to support providers with this process. The department is working with the sector to make further improvements to the My Aged Care Service Finder, to enable better comparability. Further information on these changes will be provided in the coming months.

- **New unspent funds factsheet:** The department has released a new [factsheet](#) on actively managing unspent funds. Home care providers play an important role in working with their clients to ensure they can benefit from the full use of their package and funds. This includes:
 - developing a care plan and individualised budget
 - managing packages and any package upgrades
 - managing the clients' care needs.Home care providers can support clients to opt out of the national queue if their needs are being met through a lower level package than what they are approved for. This will prevent an automatic package upgrade and unspent funds accumulating. A person is not disadvantaged if they choose to opt out of the queue as their place is based on when they were approved for care and their priority for service. Providers can support their clients to call My Aged Care and opt back into the queue when required.

- **Transition to the Aged Care Quality Standards:** Transition to the new Aged Care Quality Standards has begun. Subject to parliamentary processes, providers will continue to be assessed against the current standards until 30 June 2019, with assessment and monitoring against the new Aged Care Quality Standards starting from 1 July 2019.

Service providers are encouraged to use the transition period to:

 - align their system, policies and practices with the new Standards
 - support staff to understand the requirements of the new Standards
 - support care recipients and their families, carers and representatives to understand what the changes mean for them.During the transition period the Quality Agency and the Department will conduct activities to:
 - assist consumers to understand the new arrangements
 - support service providers to implement the new Standards.

- **Updated consumer booklet - Steps to enter an aged care home:** The new booklet 'Steps to enter an aged care home' is designed for senior Australians, their families and carers, to help guide them through the process of accessing care in an aged care home. This replaces the 'Five steps to entry into an aged care home' booklet. The booklet follows the consumer pathway from assessment through to receiving care in an aged care home. Information for consumers is also available on the My





Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

Aged Care website. The booklet will be distributed by ACAT assessors to older people once they have been assessed for residential aged care services. It will also be a useful resource for approved providers and their staff. The new booklet can be downloaded from the department's website, including translations in 18 languages. Hard copies of the English version are available at no cost from National Mailing and Marketing.

OTHER

My Aged Care Support Program: COTA SA facilitates this service which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone or face to face with a local volunteer Peer Champion. Our Fleurieu Peer Champion is Marilyn Henderson, she can be contacted directly on 0456 390 059, or alternatively, anyone can pop into Victor Harbor Library on Mondays between 10.00am – 12.30pm for a chat with Marilyn. The support offered is free, it's local, and provides neutral support and information on a range of aspects about My Aged Care associated with remaining living independently. 2018-19 anticipates seeing the project expand over the Fleurieu Peninsula with some exciting new initiatives yet to be confirmed.

For further information about the project, please contact COTA SA Country free call 1800 182 324 or Helen Morley, Project Officer, on hmorley@cotasa.org.au or 82320422 or visit <https://www.cotasa.org.au/programs/my-aged-care-support.aspx>
COTA SA gratefully acknowledges the financial and other support from Country SA PHN and the Australian Government Department of Health.

Southern Fleurieu Service Provider Network Meeting 21 August 2018: The Taskforce is hosting the general Service Provider Network Meeting this term, scheduled for Tuesday 21 August 2018, 1.00 – 2.30pm at City of Victor Harbor Council Chambers. Guest speakers will be Mergho Ray and Josephine Littlehawk who will be presenting about the important work being undertaken by Relationships Australia Elm Place to support Forgotten Australians. Elm Place provides state wide services for people who have experienced institutional and Out-of-Home care. This presentation is about Forgotten Australians who have experiences of Institutional and Out-of-Home Care as children prior to 1989 and are now reaching the age where either they are already eligible or are fast approaching the need for aged care services or additional support services. Many Forgotten Australians are concerned about being re-institutionalised as they age leaving them more vulnerable to re-traumatisation through practices that are not trauma informed. This session is to raise awareness about these issues. Please RSVP to Michelle mfuller@victor.sa.gov.au by 14 August, if you would like to attend this session.

Michelle Fuller | Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce
31 July, 2018.