



Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – August 2018

Here we are in August already... What an incredibly busy year it is!! We have gathered some mid-project feedback about the CADDY Project, which is showing some promising outcomes and key learnings at this stage. There has been significant interest from community groups and organisations across the Southern Fleurieu region to participate in this year's Flourishing on the Fleurieu Festival. The combined SA Collaborative Projects 'Putting into Practice: Wellness & Reablement' event scheduled for 31 August is shaping up to be a very interesting day of practical learning. Meanwhile day-to-day Taskforce activities are also keeping me very busy.

To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2018 Taskforce Membership

We are currently updating our member contact list, in preparation to redistribute to Taskforce network members. Thank you to those who have provided updated contact details, if any other members need to update contact details or no longer wish to be part of the Taskforce, please advise via email mfuller@victor.sa.gov.au

If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Taskforce Chairperson & Deputy Chair

We have received one nomination for the Chairperson role – Michelle Dugmore from My Care Solution has been nominated. We welcome Michelle back to the role, as she has served in this role previously from February 2015 to July 2016, and prior to that was Deputy Chair from August 2014 to February 2015. Corrie Burnside will now be stepping down from the Deputy Chair role, so we are seeking someone to fill this role. Please consider nominating for this role – the Deputy Chair is responsible for attending Taskforce Executive meetings every second month, in addition to the network meetings, and also for acting in the Chairperson role when the Chairperson is not available.

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – This year's Festival is fast approaching; scheduled as a week-long event during Active Ageing Week 23-29 September 2018. The aim of the 2018 Festival is encouraging community participation and 'exploring the possibilities' for getting involved in your local community, as a collective effort to address loneliness and social isolation. 27 community groups across the Southern Fleurieu and KI region have submitted a grant application to host an activity/event during the Festival week. Organisations and service providers will also be hosting self-funded activities/events during the Festival week. Flourishing on the Fleurieu Festival templates will be available via the flourishing webpage to help groups and organisations promote their Festival activity/event. A Festival Program featuring the activities scheduled across the region will also be compiled and distributed in the lead up to the Festival week. For more information visit www.victor.sa.gov.au/flourishing





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<https://www.acsa.asn.au/Education/Education-Programs.aspx?topic=Better%20Practice%20Project>

Most training workshops accrue CPD, relevant CPD for each workshop is listed on website.

5. **ARAS Information Sessions:** the following sessions are being facilitated by ARAS over the coming months:

Abuse Prevention (presented by Doris Gioffre)

- For service providers: 14 August 2018 12.15 - 12.45pm (included in Taskforce network meeting)
- For community members: 14 August 2018 1.30 – 2.15pm at Gospel Centre, George Main Rd, Victor Harbor

Community Care talk (presented by Deborah Bolt)

- For service providers: 9 October 2018 12.15 – 12.45pm (included in Taskforce network meeting)
- For community members: 9 October 2018 1.30 – 2.15pm at Gospel Centre, George Main Rd, Victor Harbor

Kangaroo Island

6. Update to be provided at our network meeting.

Ageing and Aged Care Communication from/to Department of Health

7. **Information about ageing and aged care** is available via:

- Department of Health website: <https://agedcare.health.gov.au/>
- Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
- Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
- Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
- Publications: <https://agedcare.health.gov.au/publications-and-articles>
- Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
- Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
- Aus Tender: <https://www.tenders.gov.au/>
- Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>

8. **Aged Care Roadmap:** future reform directions for aged care
https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf

9. **DoH updates:**

- **Reminder: please use 'My Aged Care' not 'MAC':** Providers and all stakeholders are encouraged not to refer to 'My Aged Care' as 'MAC' when talking to senior Australians and their families. This will help to minimise confusion with other organisations that have similar names and abbreviations. The Department appreciates your ongoing support on this matter.



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Aged Care website. The booklet will be distributed by ACAT assessors to older people once they have been assessed for residential aged care services. It will also be a useful resource for approved providers and their staff. The new booklet can be downloaded from the department's website, including translations in 18 languages. Hard copies of the English version are available at no cost from National Mailing and Marketing.

OTHER

My Aged Care Support Program: COTA SA facilitates this service which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone or face to face with a local volunteer Peer Champion. Our Fleurieu Peer Champion is Marilyn Henderson, she can be contacted directly on 0456 390 059, or alternatively, anyone can pop into Victor Harbor Library on Mondays between 10.00am – 12.30pm for a chat with Marilyn. The support offered is free, it's local, and provides neutral support and information on a range of aspects about My Aged Care associated with remaining living independently. 2018-19 anticipates seeing the project expand over the Fleurieu Peninsula with some exciting new initiatives yet to be confirmed.

For further information about the project, please contact COTA SA Country free call 1800 182 324 or Helen Morley, Project Officer, on hmorley@cotasa.org.au or 82320422 or visit <https://www.cotasa.org.au/programs/my-aged-care-support.aspx>

COTA SA gratefully acknowledges the financial and other support from Country SA PHN and the Australian Government Department of Health.

Southern Fleurieu Service Provider Network Meeting 21 August 2018: The Taskforce is hosting the general Service Provider Network Meeting this term, scheduled for Tuesday 21 August 2018, 1.00 – 2.30pm at City of Victor Harbor Council Chambers. Guest speakers will be Mergho Ray and Josephine Littlehawk who will be presenting about the important work being undertaken by Relationships Australia Elm Place to support Forgotten Australians. Elm Place provides state wide services for people who have experienced institutional and Out-of-Home care. This presentation is about Forgotten Australians who have experiences of Institutional and Out-of-Home Care as children prior to 1989 and are now reaching the age where either they are already eligible or are fast approaching the need for aged care services or additional support services. Many Forgotten Australians are concerned about being re-institutionalised as they age leaving them more vulnerable to re-traumatisation through practices that are not trauma informed. This session is to raise awareness about these issues. Please RSVP to Michelle mfuller@victor.sa.gov.au by 14 August, if you would like to attend this session.

Michelle Fuller | Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce
31 July, 2018.