

Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

PROJECT OFFICER REPORT – December 2017

Well, December has arrived and another year nearing completion. Do hope that you have all had a productive and satisfying year, amidst the continued change, and that you take some time to reflect on the positive outcomes you have achieved. We are very grateful that Commonwealth funding for Sector Support and Development intends to be extended until June 2020 to align with CHSP service delivery funding. We look forward to trialling the CADDY initiative next year, as well as hosting our 2018 Flourishing on the Fleurieu Festival. To access Positive Ageing Taskforce information, visit our Taskforce webpage www.victor.sa.gov.au/flourishing

2017 Taskforce Membership

Thank you to all members of our Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce network. We greatly value your participation in the Taskforce and trust that you have found it beneficial in supporting you and your organisation. If you need to change your details or no longer wish to be part of the Taskforce, please advise via email mfuller@victor.sa.gov.au. If you know of any service providers, agencies or other key stakeholders who would like to participate in the Taskforce, please feel free to forward my contact details. The Taskforce Membership Form is also available online at www.victor.sa.gov.au/flourishing

Flourishing on the Fleurieu

1. **Flourishing on the Fleurieu Festival 2018** – An initial meeting was held on 21 November to begin planning for the 2018 Festival. The suggestion is to host the Festival during Active Ageing Week 23-29 September 2018, with a theme of “Open the gate to your community”, proposed aims to be developed around connecting people with local communities, meaningful connections, etc

Dementia Friendly Communities

2. **Dementia Friendly Communities project:** The Dementia Action Group will continue to progress our local dementia-friendly communities initiatives.
 - a. *Dementia Alliance:* Please help us promote our local Dementia Alliance group - If you know of anyone who would be interested in joining an open and flexible group to help advocate for the needs of people living with dementia, their families and carers; please pass on my contact details. We are particularly interested to hear from people living with dementia and/or their carers. The Dementia Alliance will provide feedback to the Dementia Action Group to help shape future efforts to make our community more aware and inclusive of the needs of people living with dementia.
 - b. *Online 'Trello' resource:* Information about local dementia services and support available in Southern Fleurieu region can be accessed via www.victor.sa.gov.au/flourishing. If you know of additional local dementia-specific services or information available which could be added to these noticeboards please let us know. Please note, flyers and posters can also be uploaded. Suggestions are most welcome about how we can promote this valuable resource more broadly within the community and to service providers and GPs.
 - c. *The CADDY initiative:* Empowering people living with memory loss and/or early stage dementia to feel valued, maintain independence and stay connected with the community. We wish to trial this initiative in 2018, using the existing infrastructure of the Caring Neighbourhood Program and the Community Connect Program. The plan is to develop and test some practical

Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

resource tools which will provide a means for effective planning and evaluating of wellbeing outcomes. The exciting news is our application for an Age Friendly SA grant was successful, it is proposed that this funding will be used to engage a consultant to assist with development of practical resources, advise on wellbeing profiling and planning, and undertake evaluation of the project.

Workforce Development & Training

- 3. Cultural Awareness Training:** Multicultural Aged Care hosted a Cultural Awareness seminar in Victor Harbor on Tuesday 17 October 2017 1.00 - 4.00 pm at the Flinders University Rural Clinical School. Five people attended and feedback received was very positive with all participants stating the session was informative and increased their knowledge and understanding of cultural intelligence, cultural competency and culturally appropriate care.
- 4. Keeping Connected Workshop:** BPP will be rolling out this training across SA next year. This workshop was developed around the findings from 'Alone in a Crowd' research by South Australian Mandy Stanley. The research challenges stereotypical concepts associated with old age and points to the significant health risks facing older people who live with loneliness. Concepts and issues of loneliness, community belonging and building capacity will be investigated in this interactive space to provide opportunities for you to explore how you can work with people experiencing loneliness. We have booked a session for the Fleurieu region on 13 March 2018. Further details to be advised.

Kangaroo Island

5. Marjo Smith (Country Health Connect – KI Health Service) to provide an update at our network meeting.

Ageing and Aged Care Communication from/to Department of Health

- 6. Department of Health:** Senior Grant Manager, Roy Inglis, will attend the Taskforce network meeting on 12 December to provide an update from the state office.
- 7. Information about ageing and aged care** is available via:
 - Department of Health website: <https://agedcare.health.gov.au/>
 - Subscribe to newsletter: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/advice-to-the-aged-care-industry>
 - Announcements: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates-advice-to-the-aged-care-industry/announcements>
 - Webinars: <https://agedcare.health.gov.au/ageing-and-aged-care-news-and-updates/webinars>
 - Publications: <https://agedcare.health.gov.au/publications-and-articles>
 - Consultations: <https://agedcare.govcms.gov.au/ageing-and-aged-care-news-and-updates/consultations>
 - Speaking Requests: <https://agedcare.govcms.gov.au/news-and-updates/aged-care-speaking-requests>
 - Aus Tender: <https://www.tenders.gov.au/>
 - Multi-Purpose Services (MPS) Subscription: <https://agedcare.health.gov.au/programs-services/flexible-care/multi-purpose-services-program>

Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce

✉ PO Box 11, Victor Harbor, SA 5211 | ☎ (08) 8551 0571 | email: mfuller@victor.sa.gov.au

8. **Aged Care Roadmap:** future reform directions for aged care
https://agedcare.health.gov.au/sites/g/files/net1426/f/documents/04_2016/strategic_roadmap_for_aged_care_web.pdf
9. **Legislated Review of Aged Care 2017:** The Tune Report is now available following the recent review of the Living Longer Living Better (LLLBB) reforms. The Review concludes that these reforms have successfully taken the aged care system further along the road to a consumer driven and sustainable system, but that further reforms will be needed in future. The Review outlines 38 recommendations to continue the reform process.
The Review can be accessed here: <https://agedcare.health.gov.au/legislated-review-of-aged-care-2017-report>

OTHER

10. **My Aged Care Free Community Information Session:** COTA SA in partnership with Country SA PHN hosted a free community information session on Wednesday 15 November 2017 at the Gospel Centre, Victor Harbor 9.30am – 12.30pm. Community members were invited to come along and hear about the My Aged Care system, My Aged Care Support Program, Commonwealth Home Support Program, Home Care Packages, and Country SA Primary Health Network. The session was well attended by 55 community members. 26 aged care service providers from 15 organisations hosted informative/resource stalls and were available to talk with community members about the services they offer. Our two local My Aged Care Peer Champions, offering support to access My Aged Care, were also in attendance and were introduced to the community.
11. **My Aged Care Support Program:** COTA SA is facilitating this program, funded by Country SA PHN, which provides practical one-to-one peer support for older people to help understand and navigate the My Aged Care gateway. Free assistance is available over the phone initially, with the option of a local Peer Champion meeting face to face if required. Our local Peer Champions are: Anne Hamilton 0456 388 610 and Marilyn Henderson 0456 390 059. For further information, please contact COTA SA Country free call 1800 182 324 or Helen Morley (Project Officer) hmorley@cotasa.org.au
12. **Wellness and Reablement from theory to practice Workshop:** Michelle and Helen will attend this workshop hosted by ACSA on 28 November. Presenter Amanda Jones from HAS Australia.

Michelle Fuller

Project Officer Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce
5 December, 2017.