

## CHILD, YOUTH and FAMILY SUPPORT

Aboriginal Family Support Services.....	8205 1500
Baby Capsule (Red Cross).....	8443 9700
Centrelink.....(Family Assistance Office).....	13 61 50
Centacare.....(Counselling).....	8215 6310
Family Mental Health Support Services.....	8202 5200
Fleurieu Families (Parenting Support).....	8551 0500
Fleurieu Homelessness Support Service.....	8392 3060
Fleurieu Domestic Violence Service.....	1300 694 961
Family Relationship Advice Line.....	1800 050 321
Learning Together @ Home.....	0427 403 894
N-abling-U Hire Baby Equipment.....	8443 9700
Rural Financial Counselling Services.....	1800 836 211

## CHILDREN'S SERVICES & ACTIVITY GROUPS

<b>Childcare (Access Hotline)</b> .....	1800 670 305
Family Day Care..... Regional Office.....	1300 551 890
Goolwa Children's Centre.....	8555 2509
World of Early Learning Childcare Centre.....	1800 413 995
Victor Harbor Child Care & Education Centre.....	8552 4211
<b>Preschool/Kindergarten</b>	
Early Learning Centre (Lutheran School).....	8552 8880
Goolwa Children's Centre.....	8555 2509
Port Elliot Kindergarten.....	8554 2962
Victor Harbor Community Kindergarten.....	8552 2028
Victor Harbor Childcare & Education Centre.....	8552 4211
World of Early Learning Early Education Centre.....	1800 413 995
<b>Playgroups</b>	
<b>Playgroup SA</b> .....	1800 171 882
<b>Out of School Hours Care</b>	
Encounter Lutheran School.....	8552 8880
Goolwa Primary School.....	8555 2261
Port Elliot Primary School.....	8554 3399
Victor Harbor (R-7).....	8552 1166

## COUNCIL OFFICE

Alexandrina Council.....	8555 7000
City of Victor Harbor.....	8551 0500

## LIBRARIES

Alexandrina Council Libraries (Goolwa & Pt Elliot).....	8555 7000
Toy Library.....Noah's Ark (VH).....	8552 5380
Victor Harbor Public Library.....	8551 0730

## FAMILY AND COMMUNITY DIRECTORY 2020 - 2022

### EMERGENCY

AMBULANCE, POLICE, FIRE.....	000
Ambulance (Non-Emergency).....	1300 881 700
Goolwa Police Station.....	8555 2018
Hospital.....(South Coast District Hospital).....	8552 0500
Poisons.....(Information Centre).....	13 11 26
Police (Assistance).....	13 14 44
State Emergency Service.....	13 25 00

### HEALTH

Alcohol and Other Drug Support(Youth and family).....	8187 0707
Child and Family Health Service (Appointments).....	1300 733 606
CAMHS (Child & Adolescent Mental Health).....	8552 9874
Dental Health.....(SA Dental Service).....	8551 0460
Drug Arm.....	08 7099 7290
Health Direct (health advice and info).....	1800 022 222
Headspace.....	8398 4262
Immunisation Clinic Goolwa.....	8384 0666
Moorundi (Outreach Ab Health).....	1800 023 84
Psych Med (Mental Health Support).....	7082 3624
Sky Light (Mental Health Support).....	8378 4100
Southern Fleurieu Health Service.....	8552 0600
Includes: Early Intervention, Mental Health Team, Clinical Psychology, Dieticians, Speech Pathology, Occupational Therapy, Physiotherapy, Youth Mental Health, Women's Health Counselling, Drug and Alcohol	
Standby (Support after suicide).....	0437 752 458
Summit Health (GP referral based 'no cost' mental health treatment, Fleurieu and KI).....	8406 7715
Tumbelin (AOD youth program).....	8388 5234
Torrens House V.H. (Psychology).....	8552 6697

### MEDICAL CLINICS

Cadell Street Medical Clinic.....	8555 0433
Goolwa Medical Centre.....	8555 2404
Millhouse Medical clinic (Middleton).....	8554 3250
Norfolk House Medical Centre.....	8552 3900
Port Elliot Medical Centre.....	8554 2440
Victor Harbor Medical Centre.....	8551 3200

### SCHOOLS

Encounter Lutheran.....	8552 8880
Goolwa Primary School.....	8555 2261
Investigator College (VH).....	8551 0900
Port Elliot Primary.....	8554 3399
Victor Harbor R-7.....	8552 1166
Victor Harbor High School.....	8551 1900

## South Coast

### HELPLINES

Alcohol & Drug Info S.A. (8.30am-10pm).....	1300 13 1340
Australian Breastfeeding Association 24/7.....	1800 686 268
Beyond Blue (Support for Depression) 24/7.....	1300 224 636
Child Abuse Report line 24/7.....	13 14 78
Domestic Violence Gateway 24/7.....	1800 800 098
Fam Drug Support.....	1300 368 186
Gambling Helpline 24/7.....	1800 060 757
Homelessness Gateway Service 24hr.....	1800 003 308
Kids Helpline 24/7.....	1800 551 800
Legal Services (free legal advice) 9—4:30 M-F.....	1300 366 424
Lifeline 24/7...(Counselling).....	13 11 14
Men's Line 24/7.....	1300 789 978
Parent Helpline 24/7.....	1300 364 100
Pregnancy, Birth & Baby 24/7.....	1300 368 820
Post Natal Support (Helen Mayo House) 24/7.....	1800 182 232
Rape & Domestic Violence Service 24/7.....	1800 737 732
Red Nose Grief and Loss (Formally SIDS).....	1300 308 307
Regional Access (Free professional counselling).....	1300 032 186
Rural & Remote Mental Health Service 24/7.....	13 14 65
Sexual Health.....(SHINE SA).....	1300 794 584
Suicide Call Back Service 24/7.....	1300 659 467
Translation & Interpreting Service 24/7.....	13 14 50
Uniting Communities.....	8202 5200
Women's Info Service (talk about anything at all).....	1800 188 158
Women's Legal Service 10am-4pm M-F.....	1800 816 349
Youth Healthline.....	1300 131 719
Q Life (LGBTIQ Specific Counselling).....	1800 184 527
Quitline.....	13 78 48

### SUPPORT GROUPS and ORGANISATIONS

Adra (Emergency Assistance).....	0435 093 890
Financial Counselling (Uniting Communities).....	8202 5010
Grandparents (Looking After Their Children).....	8551 0500
Loss & Grief Service (Anglicare SA).....	8131 3400
My Time (for parents of child. with a disability).....	8551 0553
Salvation Army (Food Parcels).....	8552 7474
Skylight Support Groups (Mental Health).....	8378 4100
South Coast Christian Community Care (Victor Harbor).....8552 5029.....(Goolwa).....	8555 1008
Volunteer Services...(Southern Volunteering).....	8552 7858

### COMMUNITY

Caring Neighborhood Program.....	8551 0544
Europcar (Car Hire, Victor Harbor).....	8398 2153
Link SA Dial a Ride Bus service.....	1300 642 604
Orca's Taxi Service.....	8552 2992
Peninsula Taxis.....	8552 2622
Premier Stateliner.....	8415 5555
South Coast Christian Community Care.....	8552 5029
Southern Communities Transport Scheme.....	8551 0760