

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

Minutes of the Southern Fleurieu & Kangaroo Island Positive Ageing Taskforce meeting
Held in the Council Chambers, City of Victor Harbor on
11 June 2019 12-2pm

The meeting commenced at 12.10 pm

1 PRESENT

Brittannie Millowick	Australian Hearing
Caitlin Watson	St Louis Home Care
Carolyn Pratt	Country Health Connect
Denise Schoder	RAS - Aged Care Alternatives
Emma Norton	Country Health Connect
Gary Crook	Yankalilla Council – Transport Coordinator
Jackie Horton	Southern Volunteering
Jenny Nobbs	Your Nursing Agency (YNA)
Jo Daniels (meeting notes)	Caring Neighbourhood Program
Joyanne Mirra	ACH Group Social Links
Kelly Grupen	My Care Solution
Liz Cleland (Chair)	Country Health Connect – Railway Cottage
Lynda McCarty	Royal Society for the Blind - RSB
Marilyn Henderson	COTA SA Peer Champion & elected member City of Victor Harbor
Melissa Smith	ECH
Michelle Fuller	Project Officer, Positive Ageing Taskforce
Nadine Jones	RAS – Aged Care Alternatives
Sarah Manser	Country SA PHN
Sue Tucker	Carers SA – Carer Support Worker
Susan Shillabeer	Southern Cross Care
Guest presenter:	
Melanie Smith	Active Ageing Australia

2 APOLOGIES

Beth Moore	Alexandrina Council
Betty Hurrell	ECH
Eliz Veitch	Carers SA
Elizabeth Kennedy	Country SA PHN
Gwyn Elson	ACH Group
Helen Deguet	Caring Neighbourhood Program
Helen Morley	COTA SA
Jerrima Nicholas-Allen	Junction Australia
Karen Allen	TAFE SA
Kerry Mart	ACH Group
Lynn Openshaw	Resthaven
Mark Oliphant	City of Victor Harbor
Pam Turner	RAS – Aged Care Alternatives
Rebecca Perry	Five Good Friends
Rob Crouch	Dementia Australia
Terry Mangelsdorf	Carers SA - CRCC
Wendy Oliver	Estia Health

3 Acknowledgement of Country – Liz Cleland

Liz opened the meeting, conducted Acknowledgement of Country and welcomed everyone.

4 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented. Special welcome to guest presenter: Melanie Smith CEO Active Ageing Australia; and also to Nadine Jones and Denise Schoder (RAS – Aged Care Alternatives), Kelly Grupen (My Care Solution), Caitlin Watson (St Louis Home Care), and Jenny Nobbs (YNA) all attending for the first time.

5 MINUTES OF PREVIOUS MEETING – 9 April 2019

Minutes of the previous meeting held on 9 April were confirmed as true and correct.
Moved by Melissa Smith, seconded by Gary Crook.
All members confirmed that the minutes of the last meeting were true and correct.

6 TASKFORCE DEPUTY CHAIR

We received one nomination for Deputy Chair role – Wendy Quinsee from My Care Solution. Members all agreed to accept nomination.

Action: *Michelle to follow up with Wendy and welcome her to the role.*

7 FLOURISHING ON THE FLEURIEU

7.1 Festival 2018

The Flourishing on the Fleurieu Festival 2018 was shortlisted as a Finalist for the Local Government Professionals SA Leadership Excellence Awards in the category *Community Partnerships and Collaboration*. Awards were presented at the Gala Awards Dinner on 17 May. While not successful in winning the award, achieving a finalist ranking was great recognition of the commitment to collaboration that exists in our region and the value we place on fostering community partnerships. We extend our congratulations once again to all those involved in the 2018 Festival.

Planning for the 2020 Festival will commence soon with a preliminary planning meeting in July-August. Members in attendance at the meeting indicated that it would be good to continue same format as 2018 Festival.

Action: *Please email Michelle mfuller@victor.sa.gov.au if you are interested in participating in the planning team.*

Action: *Michelle to schedule a first planning meeting for July-August and notify anyone who has indicated they would like to be involved in the planning process.*

8 DEMENTIA FRIENDLY COMMUNITITES

8.1 CADDY Project

Two events have been scheduled following the end of the trial Caddy Project, which will be held on 25 June 2019 at McCracken Country Club:

- **Celebratory recognition morning** tea to acknowledge the contributions of people who participated in the Caddy Project Trial, including volunteer caddies, clients and carers.
- **Open Forum** (1 – 4 pm) to share key learnings and resources arising from the project. The Evaluation Report and Key Messages document will also be launched at the Forum. Information and Forum Program has been distributed. Anyone interested is welcome to attend. We are encouraged by the significant number of registrations to attend that we have already received. Please help us further promote this opportunity to anyone interested in supporting Dementia Friendly Communities. If you would like to attend, please RSVP to mfuller@victor.sa.gov.au by 18 June.

9 WORKFORCE DEVELOPMENT & TRAINING

9.1 Silver Rainbow LGBTI Aged Care Awareness Training

The Silver Rainbow LGBTI Aged Care Awareness Training Project is managed by the National LGBTI Health Alliance and is being delivered collaboratively with project partners across Australia. It is funded by the Department of Health until June 2020. COTA SA has been selected as the SA partner for this project. We are partnering with the Hills Positive Ageing Taskforce to offer a FREE local regional workshop on 17 July 2019, 11am – 3pm, at the Strathalbyn Library, lunch will be provided. This is a great opportunity to enhance diversity awareness and competence amongst your staff. Places are filling fast, so if you or any colleagues would like to attend please register at your earliest convenience.

Action: Please email mfuller@victor.sa.gov.au to register your interest in attending.

10 KANGAROO ISLAND

10.1 Update (N/A)

11 ISSUES FOR STRATEGY AND PLANNING

Key DoH web links, providing links to useful information and resources, are now available on the online flourishing hub for easy access www.victor.sa.gov.au/flourishing

11.1 Department of Health – updates:

- **Royal Commission into Aged Care Safety and Quality:** The [Royal Commission website](#) provides information about the work of the Royal Commission and how you can engage with the Commission, including how [submissions](#) can be made, and when and where [hearings](#) will be held. View [live webcasts](#) of hearings, or video recordings of previous hearings or read the [transcripts](#). An [audio version](#) of the live webcast is also available. An interim report is to be provided by 31 October 2019, and a final report by 30 April 2020.

- **Webinar: Aged Care Quality Reform - 6 June 2019**

This webinar provides an update for service providers and the assessment workforce on key aged care quality reforms being implemented from 1 July 2019, including:

- o Aged Care Quality Standards
- o Clinical Governance Framework
- o Open Disclosure Framework
- o Single Charter of Aged Care Rights
- o Strengthened regulations to minimise the inappropriate use of restraint
- o National Quality Indicator Program

Participants will have the opportunity to ask questions about these topics to representatives from both the Department of Health and the Aged Care Quality and Safety Commission.

Link to access the webinar recording is available here: <http://livestream.education.gov.au/health/6june2019>

- **New Charter of Aged Care Rights**

A new Charter of Aged Care Rights (the Charter) has been made in law and will take effect from 1 July 2019. Transition to the new Charter has begun. Information about the timeframes for implementation and the requirements for providers to sign, and support consumers to understand, the Charter is available on the [department's website](#).

The Charter will replace the existing charters that relate to care recipients' rights and responsibilities and apply to people once they start receiving Government-subsidised aged care, including:

- o residential care
- o home care packages
- o flexible care
- o the Commonwealth Home Support Programme
- o the National Aboriginal and Torres Strait Islander Flexible Aged Care Program.

The Charter will provide the same rights to aged care consumers regardless of the type of care they receive and help to create a shared understanding about the rights of people receiving aged care. The Charter has been translated into multiple languages.

The Older Persons Advocacy Network (OPAN) is supporting the Department of Health with raising awareness and providing education about the Charter, which includes support to aged care service providers and consumers. More information is available on [OPAN's website](#)

- **Reablement-focussed Assessment Trial Commences**

Reablement-focussed assessments are being trialled by five Regional Assessment Services undertaking 'active assessment' of clients seeking services under the Commonwealth Home Support Programme (CHSP). The focus is on a 'show me' approach to how clients undertake activities of daily living and working with them to identify task simplification strategies. Most clients complete a reablement period of 6-8 weeks before referral for ongoing CHSP services is made. Support strategies for the sector will be rolled out during the trial. These will include training programs, resources and practical supports to assist CHSP service providers, senior Australians, their families and carers. An evaluation will assess the effectiveness of the assessment model. The trial will run until June 2020.

Denise Schoder (Regional Assessment Service, Aged Care Alternatives), in attendance at the meeting, also provided extra information about the active assessments "Show Me" trial, and the emphasis on what clients are able to do for themselves and where support is needed. These assessments require a longer time allocation due to asking clients to 'show' assessors what they are able to do rather than previously just discussing. All CHSP services will be moving to time-limited period (up to 8 weeks) following each initial assessment, after which a review will be required for any extended services required. Motivational coaching may also be used by RAS staff, to encourage progress towards reablement goals.

- **Consultation on Certificate III in Ageing Support Qualification**

The Aged Services Industry Reference Committee is overseeing development of a new qualification – Certificate III in Ageing Support – to ensure that workers are equipped with the skills required to work effectively in the aged care sector and provide quality care to their clients.

National consultation on the core Units of Competency for this new qualification closed on 24 May 2019. Further information about developing the Certificate III in Ageing Support, planned consultation activities and the process for providing feedback on the draft qualification can be found on the [SkillsIQ website](#).

- **Participate in a CHSP wellness and reablement - workforce capability development project**

Providers of Commonwealth Home Support Program (CHSP) services are invited to participate in a project to help design training for CHSP service providers to successfully apply wellness and reablement. By participating, you will be helping to:

- Identify the people capabilities that lead to successfully applying wellness and reablement in CHSP services
- Pinpoint the current level of capability within the many segments of the provider workforce
- Shape the future training program on wellness and reablement in the provider workforce

Your input is the most important part of the project, and participating is easy.

You can:

- [Register](#) as a focus group participant for face-to-face consultation between **14 and 21 June 2019** – further details are listed on the registration page, please note places are limited.
- Submit a written response by 20 June 2019 to MyAgedCareCapability@cit.edu.au
- Register by clicking the link above. Alternatively, you can email your interest to MyAgedCareCapability@cit.edu.au

- **Aged Care Quality and Safety Commission – Resource page**

A reminder that resources to assist with transition to the new Aged Care Quality Standards are available on the Aged Care Quality and Safety Commission website. Link to resource page: <https://www.agedcarequality.gov.au/resource-library>

The chatterbox template which was distributed at the meeting is available here:

<https://www.agedcarequality.gov.au/resources/aged-care-quality-standards-chatterbox>

12 STATE/COMMONWEALTH UPDATES

12.1 **Country SA Primary Health Network update**

Fleurieu online service directory is now live. Two ways to access, either the landing page for all of the regions www.onlineservicedirectory.org.au or the specific Fleurieu directory www.fleurieuservicesdirectory.org.au. Need buy in from service providers to fill in forms for all of their programs to appear on directory.

COTA - My Aged Care Support via Peer Champions is now available in Goolwa & Yankalilla Libraries every Wednesday from 10am till 12pm. www.cotasa.org.au/programs/my-aged-care-support.aspx

Drug Arm service in Victor Harbor have just commenced a SMART Recovery Group. This is a free group program assisting people with any problematic behaviours, including addiction to drugs, alcohol, cigarettes, gambling, food, shopping, Internet and others. This group will be held fortnightly at 2 George Main Road Victor Harbor on Wednesday's at 3pm. Once group has established some numbers the meetings will go to weekly and day/time may change. Promotional flyers will be coming out shortly for distribution.

Summit Health mental health services are close to expanding in the Fleurieu. Currently in recruitment phase for clinicians and in negotiations with possible premises for seeing clients. Victor Harbor will be going from 0.6FTE to 1.8FTE for clients 12+ (0.2FTE for perinatal and children under 12yrs). Goolwa at the Open Door Centre will be going from 0.2FTE to 0.4FTE for all age clients.

Bowel Cancer Screening month is June and CSAPHN are promoting the National Bowel Screening Program which provides a free screening kit in the mail to everyone once they turn 50 - www.cancerscreening.gov.au/internet/screening/publishing.nsf/Content/bowel-screening-1. CSAPHN have also partnered with the Cancer Council with a "Get Screened and Get on with Living" campaign www.cancersa.org.au/get-screened-and-get-on-with-living. Currently promoting heavily within General Practice.

13 GUEST PRESENTATION**'Moving for Life Your Way' by Melanie Smith, Chief Executive Officer Active Ageing Australia:**

Melanie Smith presented information about the Active Ageing Australia program 'Moving for Life Your Way', including viewing the new resource booklet and discussion about how organisations/volunteers/community people can partner with the program and utilise the resources available. The program offers a range of light exercises to support the wellbeing of older people, based on the new exercise at home book.

Some service providers have partnered with Active Ageing Australia by training a team of staff and co-branding the resource book to serve the needs of their organisation and clients.

Please contact Melanie, if you would like to find out more about how your organisation can support workers, volunteers, and/or community champions to:

- Better understand the importance of physical activity for wellbeing and independent living
- Be a powerful role model
- Develop skills to support family, friends and community members
- Understand how to support behaviour change within your community

Melanie Smith

Chief Executive Officer

Active Ageing Australia

118 Richmond Road, Marlestone SA 5033

Tel (08) 8423 0960 | Mob 0417 171 568 | Email executive@activeageing.org.au

Web: activeageing.org.au

14 ROUND ROBIN**Terry Mangelsdorf – Carers SA Commonwealth Respite & Carelink Centre**

Carers SA, CRCC funding confirmed under some funding lines through until the end of the 19/20 financial year. Other funding lines confirmed roll over for three to four months however not confirmed of amounts.

Introduction of the Integrated Carer Support Services, (ICSS) via the Carer Gateway is still planned to commence with the successful applicant being advised late June. This will be for two Hubs, one metro and one country. Planned transition of all clients to be completed by all current carer organisations to the successful organisation by end October 2019.

Carers SA has tendered for both the metro and rural Hubs.

Access will be via the Carer Gateway. The assessments for supports will be via the Outcomes Star, The Carer STAR process. Carers SA has commenced a trial with this assessment tool for both intake and review.

All service providers should ensure their details are correct on the Gateway for client access.

Less funds will be available than current in this tender, to service entire state. The type of supports will differ in the future with a different slant on the eligibility. The contract for the tender will however be a five year contract.

Carers SA strongly recommends that clients ensure they are linking with other services for ongoing supports that are available via either My Aged Care, NDIS, or any other avenue. Also that clients look at their own personal supports, within the circles of family and friends and formulate emergency plans to fill any support gaps. Current service providers who are coming to Carers SA for top-ups should also be reinforcing this message with clients.

Carers SA is still experiencing significant client waits around assessment and supply of packages of support or re-assessment of current plans with NDIS.

Carers SA encourages clients with current plans to make contact at the 9-month mark of any contract to request a review, as if this isn't a smooth transition to a newly assessed plan, funding may cease and only commence again with a new plan.

The Community Home Support Program Flexible Respite (CHSPFR) in-home Day/Night funding is available for respite support if the client has exhausted their HSP funding or have been assessed as eligible for HSP and waiting for this to be available, also to top up funding if waiting for a larger package to become available. Please contact CRCC in these situations.

Carers SA continues to welcome contact and referral from any provider, organisation or family carer to assist carers to be able to continue with their caring role, by providing respite assistance as required in an emergency or short term occasional capacity during the current funding period and financial year. CRCC staff can plan with both carer & care recipient, the most suitable way of meeting their respite need.

CRCC has funding for GH&A, Disability, Mental Health, Severe & Profound, CHSPFR & Young Carer programs under the current funding guidelines. Please contact phone 1800 052 222.

15 NEW AND EMERGING ISSUES / OPPORTUNITIES

15.1 World Elder Abuse Awareness Day (WEAAD):

- Resources were displayed at meeting, along with purple food snacks offered.
- WEEAD Conference is 17 June 2019 at Stamford Grand at Glenelg.
- WEEAD resources and weblink were distributed on 5 June via network email. Link to SA Health 'Stop Elder Abuse campaign' page:
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+topics/health+conditions+prevention+and+treatment/stop+elder+abuse/stop+elder+abuse+-+campaign+and+community+awareness>

15.2 New State Ageing Plan 2020 - 2025: Michelle participated in a regional online workshop on 8 May, facilitated by Office for Ageing Well and The Australian Centre for Social Innovation (TACSI), as part of the consultation process for the next State Ageing Plan for 2020 - 2025. The workshop's focus was to generate possibilities for SA across three key themes identified by older people as important for ageing well:

- o There's no place like home
- o Meaningful connections
- o Navigating change

These themes have come from the 2018 statewide conversations and information gathering, involving more than 1,500 older South Australians, as well as those who work with and for them. Further information about each theme can be found in the *Future Directions to Support Ageing Well* report, which can be accessed here: <https://www.tacsi.org.au/wp-content/uploads/2019/03/Future-Directions-to-Support-Ageing-Well.pdf>

16 NEXT MEETING:

Tuesday 13 August 2019 at 11.45 am for 12 noon start, City of Victor Harbor Council Chambers.

Guest presentation: *New Adult Safeguarding Legislation*, presented by Elicia White, Chief Adult Safeguarding Practitioner

Meeting was closed at 2.00pm