

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

Minutes of the Southern Fleurieu & Kangaroo Island Positive Ageing Taskforce meeting
Hosted online via Zoom
Tuesday 8 June 2021 12.00 – 2.00pm

The meeting formally commenced at 12.10 pm

1 PRESENT

Caitlin Watson	St Louis Home Care
Carolyn Pratt	Rembrandt Living
Helen Morley (via Zoom)	COTA SA – Country Programs Officer
Jane Lindsay	St Louis Home Care
Jo Daniels (notes for minutes)	City of Victor Harbor - Caring Neighbourhood Program
Julianne Bridges	Goolwa Medical Centre
Kym Perry	Aged Care Alternatives - RAS
Leann Symonds	City of Victor Harbor
Leanne Sanders (via Zoom)	Kalyra Communities
Marilyn Henderson	COTA SA Peer Champion & elected member City of Victor Harbor
Meagan Wittchen	Goolwa Medical Centre
Michelle Brunton	DSS – BLCW Program
Michelle Fuller	Project Officer, Positive Ageing Taskforce
Roy Inglis (via Zoom)	Department of Health – HERN Unit
Sandy Merckx	Goolwa Medical Centre
Sherrill Bickmore	St Louis on Sea
Stefanie Barnes	Carers SA
Sue Rudall (via Zoom)	Rebekha Sharkie Electorate Office
Victoria Cornell (Acting Chair)	ECH
Guest presenters:	
Prue Cowell	SAAS Community Paramedics Program
Jane Reed	Australian Bureau of Statistics - Census

2 APOLOGIES

Ambre Johnson	Estia Health
Carol Schutz	Southern Cross Care
Gwyn Elson	ACH Group
Helen Deguet	City of Victor Harbor - Caring Neighbourhood Program
Richard Scollin	Regional Development Australia – Hills Fleurieu KI
Rob Crouch	Dementia Australia

3 INTRODUCTIONS

All members introduced themselves with their name and the organisation represented. Special welcome to guest presenters Prue Cowell (SAAS Community Paramedics Program) and Jane Reed (Australian Bureau of Statistics - Census); also to Roy Inglis (Department of Health HERN Unit). We also extend a warm welcome to Sue Rudall (Legislation and Policy Officer for Rebekha Sharkie MP), Stefanie Barnes (Carers SA), Jane Lindsay (St Louis Home Care) attending for the first time.

4 Acknowledgement of Country – Victoria Cornell

Victoria opened the meeting, conducted Acknowledgement of Country and welcomed everyone.

5 MINUTES OF PREVIOUS MEETING – 13 April 2021

Minutes of the previous meeting held on 13 April 2021 were confirmed as true and correct.

Moved by Sherrill Bickmore, seconded by Victoria Cornell.

All members confirmed that the minutes of the last meeting were true and correct.

6 CHAIRPERSON

6.1 Nominations for role of Chairperson

Despite numerous email invitations and calls for nominations for the role of Chairperson since December, there have been no nominations for this role to date. Dr Victoria Cornell, as Deputy Chair, will act in the role of Chairperson until we fill this role.

7 ISSUES FOR STRATEGY AND PLANNING

7.1 Royal Commission – Government's response

As part of the 2021-22 Budget, the Australian Government announced a \$17.7 billion package of support for aged care in response to the [Royal Commission into Aged Care Quality and Safety's final report](#).

The reforms will be centred around five pillars to be delivered over five years:

1. Home Care: supporting older Australians who choose to remain in their home and access Home Care
2. Residential aged care services and sustainability: improving and simplifying residential aged care services and access
3. Residential aged care quality and safety: – improving residential aged care quality and safety
4. Workforce – supporting and growing a better skilled care workforce
5. Governance – new legislation and stronger governance.

<https://www.health.gov.au/initiatives-and-programs/aged-care-reforms/five-pillars-to-support-aged-care-reform>

Key elements of the Home Care reforms include \$7.5 billion to enable:

- [80,000 more Home Care Packages](#)
- [increased support for informal and family carers](#)
- support for senior Australians to [find the aged care services they need](#)
- [increased Aged Care Quality and Safety Commission checks](#)
- [pricing transparency to ensure value for money](#).

The Government will develop a [new support at home program](#).

Funding will boost [residential respite services and early referrals to Carer Gateway services](#). Respite will also be improved through care planning for people living with dementia, residential facility training and early intervention assistance.

The [My Aged Care website](#) and contact centre will continue to be a key entry point and source of information for services and supports. People navigating the aged care system will also gain help from [face-to-face aged care specialists and Community Care Finders](#).

A regional forum focused on the Government's Response to the Royal Commission was held for the Hills Mallee and Southern aged care planning region on 4 June 2021 - Michelle co-hosted this Forum with her CPO colleagues Julie Wilhelm (Hills) and Kay Stillwell (Murray Mallee). Refer to 10.3 for further details.

8 COMMONWEALTH / STATE UPDATES

8.1 Department of Health Updates

Aged care content is located at <https://www.health.gov.au/health-topics/aged-care> This content is primarily directed at providers, assessors, and peak groups; while [My Aged Care](#) remains the primary source of information for consumers.

Key DoH web links, providing links to useful information and resources, are available on the online flourishing webpage for easy access www.victor.sa.gov.au/flourishing check out the 'Resources and Training' section.

Please refer to the Project Officer Report for June 2021 (*distributed to Taskforce members via email with Agenda on 2 June 2021*) for more detailed information on the following updates:

- **Royal Commission into Aged Care Quality and Safety:**
 - [final report](#) of the Royal Commission
 - [Australian Government response to the final report of the Royal Commission into Aged Care Quality and Safety](#)
- **Aged Care Provider research project:** The department wants to understand providers' readiness to adapt to sector reforms and how to best support the transition to the new program. The department has launched a research project to understand the range of provider experiences and views. For further information and involvement email provider.research@bcg.com

- **Important letter - responsibilities of home care providers:** A letter to home care providers can be viewed on the department's [website](#). The letter reminds providers of the new way home care subsidies will be paid in phase 2 of Improved Payment Arrangements and support that providers may be eligible to receive to help adjust to the changes.
- **Updated Serious Incident Response Scheme (SIRS) guidance:** In response to feedback, the Aged Care Quality and Safety Commission has updated the [SIRS: Guidelines for residential aged care providers](#)
The updated guidelines include additional information about:
 - the categorisation of reportable incidents as either Priority 1 or Priority 2
 - reporting unexpected deaths
 - an additional example of 'rough handling'
 - the Commission's process for requesting further or missing information.The Commission has also updated the [8 fact sheets](#) covering each type of 'reportable incident' under the SIRS.
- **Older Persons COVID-19 support line:** Phone 1800 171 866, Monday to Friday between 8:30am to 6pm AEDT (excluding public holidays).
- **Supporting aged care workers on COVID-19 vaccination:** For in home and community aged care workers, and people receiving these services, you can learn more about options for COVID-19 vaccination via the in-home and community aged care COVID-19 vaccine [factsheet](#)
- **Collecting and reporting data on the COVID-19 vaccination status of aged care workforce:**
Approved providers will need to report weekly on the following:
 - Total number of workers at each aged care service
 - Total number of workers at each service who have received a single dose of a COVID-19 vaccine
 - Total number of workers at each service who have received all required doses of a COVID-19 vaccine.A [factsheet](#) is available to provide guidance to providers on how to collect and report information.
- **COVID-19 Vaccination Resources:**
 - Fact sheet: [COVID-19 vaccination – COVID-19 vaccines: common questions](#)
 - Infographic: [COVID-19 vaccination – COVID-19 vaccine national rollout strategy](#)
 - Infographic: [COVID-19 vaccination – Who will be vaccinated under Phase 1b](#)
 - View the [COVID-19 Guide for Home Care Providers](#).
- **Reminder to providers on Aged Care specific training modules:** Providers are reminded to ensure aged care staff have completed the COVID-19 [infection control training](#).
- **State and territory aged care COVID-19 information:** As the COVID-19 situation can change rapidly, aged care providers are reminded to stay up to date on visitor restrictions, PPE requirements and other measures relating to COVID-19 in aged care, from their relevant state or territory website. Link for [South Australia](#)
- **New resource: Top 10 questions for Forgotten Australians/Care Leavers to ask when looking for residential aged care:** It is important for aged care staff to be familiar with the questions in this new [brochure](#), as they may need to answer these questions in the future. Providers are also encouraged to consider making this brochure accessible to new clients.
For more information:
 - [Helping Hand Aged Care's website](#)
 - [department's website](#)

- **Diversity Training Series – upcoming free webinars:** The free webinars are being facilitated by diversity experts from across Australia. Register your interest for upcoming webinars on the [Centre for Cultural Diversity in Ageing website](#).
- **CHSP Reablement Community of Practice:** connect with other providers across the CHSP sector to share ideas, best practice and practical examples to embed wellness and reablement into your everyday service delivery practices.
The Reablement Community of Practice is ready for you to [join now](#). [User Guidance](#) has been developed to help you navigate the platform. If you have any difficulties joining the online forum, email: WellnessandReablement@health.gov.au
- **Important CHSP Manual update:** A copy of the revised Manual is now available for download: <https://www.health.gov.au/resources/publications/commonwealth-home-support-programme-chsp-manual> An email was distributed to Taskforce members on 31 March with attachments outlining the changes in the updated manual, including information about First Aid Training requirements.

Additional feedback from Roy Inglis – Department of Health HERN:

- **Regional offices –** Health state offices, in line with the Aged Care Royal Commission recommendations, will be regionalising starting this calendar year. Initially Health will establish eight regional offices aligning with PHN regions. Eventually there will be 31 regional offices / regional presences across Australia. In SA the first regional office will align with the Adelaide PHN region. SA has two PHN regions, and the other Health Regional Office will align with the SA Country PHN region. Establishing Health's SA Country Regional Office will use learnings from establishing the first eight. The implementation of the Adelaide Regional Office including how to cover country SA pending Health's SA Country Regional Office establishment is being worked through. The SA state office will still exist in reduced size to coordinate our two regional offices.
- **SA CPO Wellness and Reablement website & KeepAble website:** discussions with the CPO website working group about the launch of KeepAble <https://keepable.com.au> and potential linking between the two websites.
Wellness and Reablement website www.wellnessandreablement.com.au

8.2 Country SA Primary Health Network update – Sara Manser (via email)

- Ageing Well Expression of Interest is now closed with a good number of proposals put forward.
 - Assessment of Expressions of Interest will be complete by the end of June
 - More information on the outcome of these should be available by next meeting
- Nutrition and Ageing Community Events coming in collaboration with Sprout Cooking
 - Woodside 29 June 2021
 - Strathalbyn 6 July 2021
- Continued support to roll out Telehealth capabilities to all Country RACF sites
- Mind Australia continuing to provide Mental Health in reach services into following RACFs
 - Estia Health - Encounter Bay
 - Resthaven - Port Elliot
 - ACH Group Residential - Goolwa
 - Southern Cross Care - Sandpiper Lodge Goolwa
 - ACH Group Residential - Yankalilla Centre
- CSAPHN continue to be involved in Covid vaccine rollout across Country SA
 - Reminder that HealthDirect have Eligibility Checker Tool online - <https://covid-vaccine.healthdirect.gov.au/eligibility?lang=en>

Contact Sara Manser, Country SA PHN Ageing Well Program Coordinator, for further information: smanser@countryasaphn.com.au

9 WORKFORCE DEVELOPMENT & TRAINING

9.1 Wellness & Reablement Resources:

- **Wellness and Reablement Training and Development Resource –** This resource is available as an interactive professional development tool for you to use within your own

organisation. The resource includes a series of short SA-based case study videos, along with a training guide with training notes to support the use of the resource. However, use of the resource is flexible and can be adapted to the needs of the organisation. A series of training workshops, to demonstrate how the resource may be used, were held during February – March. If you would like further information about this great interactive resource, please contact Michelle mfuller@victor.sa.gov.au

- **Wellness & Reablement Website:** The SA Collaborative Projects (CPOs) Wellness and Reablement website is a developing website aimed to assist the aged care sector to deliver wellness and reablement outcomes within the Commonwealth Home Support Programme. Check out the website here: www.wellnessandreablement.com The SA CPOs are very interested in hearing your feedback and suggestions about the website, contact admin@wellnessandreablement.com

9.2 Regional Forum – Sharing Perspectives on the New Aged Care: Collaborative Project Officers, Julie Wilhelm (Hills Positive Ageing Project), Kay Stillwell (Riverland Mallee Coorong Taskforce), and Michelle Fuller (Southern Fleurieu and Kangaroo Island Positive Ageing Taskforce), combined resources to host a regional forum *‘Through the Kaleidoscope – Sharing Perspectives on the New Aged Care’* on Friday 4 June 2021, at the Adelaide Hills Convention Centre in Hahndorf. Guest presenters were Derek Dittrich, ACSA Senior Manager Strategic Policy, who outlined recommendations from the Royal Commission; and Rebekha Sharkie, Federal MP for Mayo, who reflected on the Government’s Budget response and potential implications for the region. The Forum also provided an opportunity to gather feedback from regional stakeholders in the home and community aged care sector in relation to support required, concerns, and readiness for change; as well as suggested solutions and opportunities. The Forum was well attended at capacity with 47 stakeholders participating. Attendees actively engaged in two World Café sessions during the day, exploring six strategic questions. The valuable input and feedback captured during the day will be collated and a report sent to the Department of Health via Roy Inglis (HERN Office), and also distributed via the Taskforce to regional stakeholders. Participants provided overwhelmingly positive feedback about the format of the day and networking opportunities. It is hoped we can co-host similar forums to support stakeholders as the new reforms unfold.

10 FLOURISHING ON THE FLEURIEU

10.1 Flourishing on the Fleurieu Festival 2021 - Report – The Festival was held 17 to 30 April 2021. The Flourishing Festival aimed to celebrate ageing well and showcase what our local communities have to offer. 15 community groups participated by hosting events/activities during the Festival period; 7 based in Alexandrina Council, 7 based in City of Victor Harbor, and 1 based in District Council of Yankalilla. (The Kangaroo Island community did not have capacity to participate in the Festival this time, due to ongoing community demands with bushfire recovery efforts and the impact of covid-19). 20 diverse activities and events were hosted during the two-week Festival period – with 7 of these activities offered on more than one date, bringing the total number of activities/events held throughout the Festival to 28. Activities included sport and leisure, gardening, singing, dancing, social events/clubs, games, history, special open days, expos and exhibitions. Community groups have now all submitted their Feedback Reports, and data has been collated. A total of 498 people attended the Festival events/activities (*40 of these were people who viewed the photographic exhibition, who are excluded from the following data as this information was not able to be ascertained from this event*). 236 people (52%) were “new” to the group/activity. 37% (88) of these new people indicated they would like to attend the group again. Comments from participating groups were extremely encouraging. We extend sincere thanks to all the local community groups who participated in the Festival this year by planning and hosting such a great variety of activities and events, and acknowledge the added impact of covid-19 requirements. Another successful Flourishing on the Fleurieu Festival showcasing the wonderful opportunities our local community groups have to offer for seniors and elders.

11 DEMENTIA FRIENDLY COMMUNITITES

11.1 Dementia Friendly Communities (DFC) initiatives – Met with some community members and Liz Withall from Dementia Australia on 18 May, to hear from a local carer wishing to establish DFC Community Café. Outlined the regional dementia friendly initiatives that have occurred over the past six years and highlighted the need to consider sustainability options. Community members are liaising with the Onkaparinga dementia alliance group for support to progress this initiative.

Further updates about DFC initiatives to be provided at our August meeting.

12 GUEST PRESENTATIONS**12.1 Fleurieu Community Paramedics Program**

Prue Cowell, Intensive Care Paramedic, Community Paramedic, presented about the **Fleurieu Community Paramedics Program** being trialled in the Fleurieu. The program is currently funded until 30 June 2021 – seeking further funding to hopefully support the program to continue. Community Paramedics work as part of a multidisciplinary team – taking referrals from, and giving referrals to, providers – GPs, residential aged care facilities, South Coast District Hospital Emergency Department and ward. The relationship with the health system and clinicians is similar to that of a community nurse, with more resources and tools than a locum, halfway between the GP and the Emergency Department. Community paramedics role is relational. The aim is to support the primary health system to keep elderly patients out of hospital – supporting the nursing homes with further testing, delivering antibiotics and medicines in the home for patients that would ordinarily have to have this done through a hospital, minimising transfers to hospital and feeding back in the GP system. Advocacy support for further funding to continue the program is most welcomed.

Refer to attached Community Paramedics presentation notes and Fact Sheet for further information.

Prudence Cowell

Email: prudence.cowell@sa.gov.au

Intensive Care Paramedic

Community Paramedic

SA Ambulance Service

Fleurieu Community Paramedic Mobile: 0437 322 805

Health.SAASFleurieuCommunityParamedic@sa.gov.au

12.2 Australian Bureau of Statistics Census Support – Jane Reed, Census Engagement Manager, provided an overview of the support available to assist vulnerable people and the aged to complete the Census this year. While 75% of people usually complete the Census online, a paper version can be sent out, and face-to-face support is also available. From 5 to 7 August 2021 there will be a hub in Victor Central, to offer Census support. Further details will be emailed via the Taskforce.

For more information, please contact:

Jane Reed

Census Engagement Manager

2021 Census Inclusive Strategies

South Australia

Mobile: 0427 974 394

Email: jane.reed@abs.gov.au

13 ROUND ROBIN

The following updates have been provided by Taskforce members for inclusion in the minutes.

ACH Group – Gwyn Elson

Currently ACH Group is actively recruiting support workers and cleaners for the Fleurieu region. Priority is to provide continuity of staff and services for current and future customers. The Social Experiences for older people living in the Fleurieu region is growing, refer to July-September brochure attached to minutes. Any providers looking for social experiences for their home care clients beyond their own services please do not hesitate to contact Gwyn GElson@ach.org.au or Community Connector Jenny Haggan on 1300 22 44 77 or JHaggan@ach.org.au

Contact: Gwyn Elson, Senior Advisor Home Care, ACH Group, GElson@ach.org.au

Carers SA – Stefanie Barnes

The Following Peer Support Groups are currently running in the Southern Fleurieu area.

For bookings and further information, please contact Angela on 0477 335 559 or angela.lubotzki@carerssa.com.au (Bookings essential due to COVID) for the following groups:

- **Goolwa**

Tuesdays, fortnightly May 18th, 2021 (venue change after end of June – TBA)

1.30pm – 3pm

Venue: The Hub

Address: Corner of Goolwa Tce & Loveday Street, Goolwa

- **Victor Harbor**

Thursday 17th June 2021 - then every 4 weeks: 15/7/21 & 12/8/21

Time: 1pm – 2.30pm

Venue: Old School Building (next to KFC)

Address: Torrens St, Victor Harbor

o **Yankalilla**

Friday 25th June 2021 – then every 4 weeks: 23/7/21, 20/8/21

Time: 2pm-3.30pm

Venue: The Centre (Library Building)

Address: 181 Main South Rd, Yankalilla

If you have any questions regarding Carers SA/Carer Gateway and wish to connect with Angela

Thursday 25/6/21, 23/7/21 and 20/8/21

Time: 10.30am – 12pm

Venue: Old School Building (Next to KFC)

Address: Torrens St, Victor Harbor

Contact: *Stefanie Barnes, Service Delivery Facilitator – Metro South, Carers SA, stefanie.barnes@carerssa.com.au*

ECH – Victoria Cornell

ECH held events to celebrate:

- International Nurses Day
- National Volunteer Week
- International Day Against Homophobia, Biphobia, Interphobia and Transphobia (IDAHOBIT)
- National Palliative Care Week
- Sorry Day and National Reconciliation Week

ECH has teamed up with Active Ageing Australia in a bid to develop and enhance our work in promoting the importance of older Australians maintaining an active and healthy lifestyle. Active Ageing Australia has a proud 40-year history in supporting lifelong physical activity to optimise independence, health, well-being and quality of life. It works both locally and nationally to build capacity and advocate for greater investment to support older Australians to remain physically active.

Victor Harbor Wellness opened at its new location close to the centre of town on Torrens Street, and 1:1 services and exercise groups have now re-commenced.

Contact: *Victoria Cornell, Housing Research Manager, ECH, vcornell@ech.asn.au*

Rob Crouch – Dementia Australia

Dementia Australia, Centre for Dementia Learning, has just released a new online interactive training program called 'Talk with Ted'. <https://dementialearning.org.au/technology/talk-with-ted/>

Contact: *Rob Crouch, Dementia Support Specialist, Dementia Australia, Rob.Crouch@dementia.org.au*

Regional Development Australia Adelaide Hills, Fleurieu, KI – Richard Scollin

Currently working on a Workforce Project to address labour challenges resulting from impact of C19 with primary focus on Agriculture, Tourism, Hospitality

Also looking at Workforce Challenges more broadly in the region, including Aged Care, Disability Care and Home Care – considering options for pre-employment training programs to support job seekers interested in these areas to be better placed to successfully transition into work.

Happy to hear from providers interested in discussing workforce needs and potential for pre-employment training programs.

Contact: *Richard Scollin, Regional Workforce Program Manager, RDA Hills Fleurieu Ki, richards@rdahc.com.au*

14 NEW AND EMERGING ISSUES / OPPORTUNITIES

14.1 Ageing Well Forum hosted by Rebekha Sharkie (MP) – Sue Rudall – A Victor Harbor Positive Ageing Forum will be held on Friday 16 July 2021 9.00am to 1.00pm at Investigator College hosted by Rebekha Sharkie (MP). Guest speakers will include Maggie Beer, Ian Henschke, Ian Yates. To book in, call 8398 5566 or register online at www.rebekhasharkie.com.au/positiveageingjuly16

14.2 Free community Wellness Workshops at Strathalbyn – a series of free Wellness Workshops are being held at the Strathalbyn Library for community members aged over 55 who live in the Alexandrina council area. The 'Because I Can' session was held on 2 June, and 6 half day sessions 'Moving Towards Wellness' are being delivered each Wednesday morning concluding on 14 July 2021. Register via: <https://towardswellness.eventbrite.com.au> For further information, please contact Julie Wilhelm jwilhelm@ahc.sa.gov.au or 8408 0515

14.3 Nutrition and Ageing event at Strathalbyn – Sprout duo Callum Hann and Themis Chryssidis will be presenting at a special 'Nutrition and Ageing' event at the Strathalbyn Library on 6 July 2021, 10am to 12 noon. Please help promote this great opportunity to your contacts. Register at: <https://www.eventbrite.com.au/e/nutrition-and-ageing-strathalbyn-tickets-157038804291> This event is being funded by Country SA PHN.

SOUTHERN FLEURIEU AND KANGAROO ISLAND POSITIVE AGEING TASKFORCE

16 NEXT MEETING: Tuesday 10 August 2021, 12 noon – 2pm

Meeting was closed at 2.00pm

SFKI Positive Ageing Taskforce Network 2021 meeting dates 12 noon – 2 pm
Tuesday 9 February
Tuesday 13 April
Tuesday 8 June
Tuesday 10 August
Tuesday 12 October
Tuesday 14 December